Phi Theta Kappa and SEGA at the Downtown Campus present:

## **Dr. Ruyn Cavic** iam idecide<sup>™</sup> What Does This Have to Do With Me?

Join us for an introductory look at Dr. Cavic's "iam idecide" philosophy. Learn how it helps to explain human behavior in all its forms. By applying this philosophy to historical and contemporary issues of human behavior and motivation, complex human issues such as love, hate, identity, violence, aggression and altruism will be explored.

## Monday, April 23, 2018 12:00 p.m. High Falls B (320B)



Ruyn Cavic, has been working in the field of training, personal development and mental health for over 30 years. She holds a PhD in Psychology and teaches a variety of courses including Social Psychology, Ethics, Human Behavior in the Social Environment, Learning & Behavior, and Theories of Counseling.

By applying her iam idecide<sup>™</sup> philosophy to the human condition, she provides workshops on effective parenting, athletic performance, addiction/recovery, purposeful living, and inter-personal relationships. She has counseled hundreds of individuals, families and groups through the process of recognizing, owning and leveraging personal power in order to help them live productive, meaningful, fulfilled lives.

Presently, she is a member of the Faculty at Mohawk Valley Community College and is currently working on a book titled: "You Don't Need Permission to Am".





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