



FOOD FOR THOUGHT

Weeks of 9/28/2020 – 10/01/2020 **MENU**

SOUPS & SIDES

Soup: Chicken Noodle	
Small	\$2.49
Large	\$3.49
French Fries	\$1.99

SALADS

Side Garden Salad	\$2.25
<i>(Can be made without gluten and vegan)</i>	
<i>Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.</i>	

Classic Caesar Salad <i>(Vegetarian)</i>	\$4.49
<i>Crisp romaine lettuce, croutons, parmesan cheese, red onions and tomatoes with Caesar dressing.</i>	

Pesto Quinoa Grain Bowl	\$4.49
<i>(vegan and made without gluten)</i>	
<i>Quinoa, spinach, grape tomato, cucumber, and pine nuts tossed in pesto sauce.</i>	

Add grilled chicken for \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

BRICK-OVEN PIZZA

Cheese <i>(Vegetarian)</i>	\$4.99
<i>House-made red sauce, with mozzarella cheese</i>	

Buffalo Chicken	\$5.49
<i>House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese</i>	

Margherita <i>(Vegetarian)</i>	\$5.49
<i>Basil pesto, sliced tomato and mozzarella cheese</i>	

Optional add-on toppings \$.50 each
Pepperoni, bacon, vine-ripe tomatoes, crispy chicken, grilled chicken

SANDWICHES

Breakfast Sandwich	\$3.49
<i>Egg, bacon, and cheddar cheese on a soft roll or focaccia bread</i>	

Classic Grilled Cheese Sandwich <i>(Vegetarian)</i>	\$5.49
<i>Cheddar and provolone cheeses, on focaccia bread, served with house fried potato chips, and a pickle.</i>	

Caprese Panini <i>(vegetarian)</i>	\$5.49
<i>Vine-ripened tomato, provolone cheese and fresh pesto on toasted focaccia, served with house fried potato chips, and a pickle.</i>	

½ Sandwich & Cup of Soup or Fries	\$5.99
<i>(Grilled Cheese or Panini)</i>	

Buffalo Chicken Wrap	\$5.99
<i>Crispy buffalo chicken, romaine lettuce and bleu cheese sauce in a whole wheat wrap, served with house fried potato chips, and a pickle.</i>	

ENTREES

House-made Chicken Fingers	\$6.49
<i>Served with French Fries, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.</i>	

Weekly Highlight:

Southwest Macaroni & Cheese	Entrée \$5.99
<i>Our traditional macaroni & cheese topped with sliced turkey, roasted red pepper and chipotle sauce.</i>	

DESSERTS

Brownie or Cookie Sundae	\$2.49
<i>Warm brownie or chocolate chip cookie with vanilla ice cream and whipped cream.</i>	

Fudgy Brownie or Chocolate Chip Cookie	\$1.49
---	--------

Jumbo Blueberry Muffin	\$1.99
-------------------------------	--------

BEVERAGES

Milkshake	\$2.99
<i>(Vanilla, Chocolate, or Strawberry)</i>	

Assorted Beverages	\$1.49
<i>Assorted bottled beverages, coffee, hot tea</i>	




*The Hospitality Program at Monroe Community College
welcomes you to **Food For Thought**.*

*Our students are available to serve you in this instructional laboratory
Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in service, by reservation
only, during the Fall 2020 semester*

The restaurant is open for take-out and grab & go service 11:30 a.m. to 1:15 p.m.

*The faculty, staff, and students thank you
for your patronage.*

*Please call **292-FOOD (x3663)** for reservations and information about Food For Thought*

Check-out our Facebook  page at @FoodForThoughtMCC

Order online! <https://order.tbline.com/food-for/pickup>



Hospitality Management
MONROE COMMUNITY COLLEGE