



Watch for  
Mindful  
Menu Solutions...

Look for the Mindful icon to find your way to better nutrition.

*Celebrate American Heritage Month!!*

Hours

Monday - Thursday: 7:30am to 6:00pm  
Friday: 7:30 to 3:00

Managers

Manager: Thomas Van Pelt  
585-292-2513  
Cafe manager: Jon Rhees  
585-685-6231



# 321 CAFÉ

## Week of Monday September 18

### Monday

Soup:	Split Pea Soup with Ham	\$2.39
	Chili Con Carne	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill:	Grilled Reuben Sandwich with Fries	\$5.59
	Hamburger with Lettuce & Tomato	\$3.39
	Classic Cheeseburger	\$3.59

### Tuesday

Soup:	Homestyle Chicken and Rice Soup	\$2.39
	Chili Con Carne	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill:	Grilled Reuben Sandwich	\$5.59
	Hamburger with Lettuce & Tomato	\$3.39
	Classic Cheeseburger	\$3.59

### Wednesday

Soup:	Creamy Broccoli Cheddar Soup	\$2.39
	Italian Wedding Soup (Mindful)	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill:	Grilled Reuben Sandwich with Fries	\$5.59
	Hamburger with Lettuce & Tomato	\$3.39
	Classic Cheeseburger	\$3.59

### Thursday

Soup:	Hearty Beef Vegetable Soup	\$2.39
	Cream of Spinach Soup	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill:	Grilled Reuben Sandwich with Fries	\$5.59
	Hamburger with Lettuce & Tomato	\$3.39
	Classic Cheeseburger	\$3.59

### Friday

Soup:	Classic New England Clam Chowder	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill:	Hamburger with Lettuce & Tomato	\$3.39
	Classic Cheeseburger	\$3.59
	Bacon Cheeseburger on Bun	\$4.59
	Double Double Burger	\$5.89

### Saturday

### Sunday