



# Watch for Mindful Menu Solutions...

Look for the  
Well Balanced  
symbol to find your way  
to better nutrition.

*Celebrate American Heritage  
Month!!*

## Hours

Monday - Thursday: 7:30m- 6:00pm  
Friday 7:30m-3:00pm

## Managers

Tom Van Pelt  
292-2513



## MARKETPLACE

Week of Monday September 18

PIZZA: Margherita

CALZONE: Chicken, Broccoli & Mushroom

## Monday

Soup:	Split Pea Soup with Ham	\$2.39
	Roast Butternut Squash Soup (Mindful) 12z	\$2.39
	Vegetarian Chili Mix with Beans, Dry	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill @:	Grilled Reuben Sandwich with Fries	\$5.59
Brighton Deli:	Asparagus, Ham & Swiss Cheese Melt	\$5.09
Brighton Entree:	Cajun Chicken Alfredo	\$6.99
Magellan's:	Baked Potato Bar	\$4.99

## Tuesday

Soup:	Tuscan Seven Vegetable Soup	\$2.39
	Homestyle Chicken and Rice Soup	\$2.39
	Vegetarian Chili Mix with Beans, Dry	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill @:	Grilled Reuben Sandwich with Fries	\$5.59
Brighton Deli:	Asparagus, Ham & Swiss Cheese Melt	\$5.09
Brighton Entree:	Roast Pork Loin Plate	\$6.99
Magellan's:	Chef's Healthy Choice	

## Wednesday

Soup:	Italian Wedding Soup (Mindful)	\$2.39
	Creamy Broccoli Cheddar Soup	\$2.39
	Vegetarian Chili Mix with Beans, Dry	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill @:	Grilled Reuben Sandwich with Fries	\$5.59
Brighton Deli:	Asparagus, Ham & Swiss Cheese Melt	\$5.09
Brighton Entree:	Basil Lemon Chicken Breast & Couscous	\$6.29
Magellan's:	Beef & Broccoli Stir Fry Plate	\$6.99

## Thursday

Soup:	Hearty Beef Vegetable Soup	\$2.39
	Cream of Spinach Soup	\$2.39
	Vegetarian Chili Mix with Beans, Dry	\$2.39
Breakfast:	Blueberry Pancakes	\$2.99
Grill @:	Grilled Reuben Sandwich with Fries	\$5.59
Brighton Deli:	Asparagus, Ham & Swiss Cheese Melt	\$5.09
Magellan's:	Spicy Buffalo Chicken Wings	\$4.59 7.29
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## Friday

Soup:	Vegetarian Chili	\$2.39
	Classic New England Clam Chowder	\$2.39
Breakfast:	Blueberry Pancake	\$2.99
Brighton Entree:	Catfish with Black Beans & Corn Relish	\$7.99
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