

321 CAFÉ

Week of Monday December 11



Watch for Mindful Menu Selections!

Look for the Mindful icon to find
your way to better nutrition.

*Celebrate American Heritage
Month!!*

Hours

Monday - Thursday: 7:30am to
6:00pm
Friday: 7:30 to 3:00

Managers

Manager: Thomas Van Pelt
585-292-2513

Cafe manager: Jon Rhees
585-685-6231



Vegan



Vegetarian



Mindful

MONDAY

Soup:	Split Pea Soup with Ham	\$2.39
	Classic Chili	\$2.39
Breakfast:	Chocolate Chip Pancakes	\$3.99
Grill:	California Chicken Club Sandwich	\$5.29
Deli:	Spicy Fajita Pizzetta (Mindful)	\$4.99
Entrée:	Sunday Baked Chicken Dinner Plate	\$6.29

TUESDAY

Soup:	Homestyle Chicken and Rice Soup	\$2.39
	Classic Chili	\$2.39
Breakfast:	Chocolate Chip Pancakes	\$3.99
Grill:	California Chicken Club Sandwich	\$5.29
Deli:	Spicy Fajita Pizzetta (Mindful)	\$4.99
Entrée:	Chicken Broccoli Alfredo Pasta Bowl	\$6.29

WEDNESDAY

Soup:	Creamy Broccoli Cheddar Soup	\$2.39
	Italian Wedding Soup (Mindful)	\$2.39
Breakfast:	Chocolate Chip Pancakes	\$3.99
Grill:	California Chicken Club Sandwich	\$5.29
Deli:	Spicy Fajita Pizzetta (Mindful)	\$4.99
Entrée:	Sloppy Joe Sandwich	\$6.29

THURSDAY

Soup:	Hearty Beef Vegetable Soup	\$2.39
	Cream of Spinach Soup	\$2.39
Breakfast:	Chocolate Chip Pancakes	\$3.99
Grill:	California Chicken Club Sandwich	\$5.29
Deli:	Spicy Fajita Pizzetta (Mindful)	\$4.99
Entrée:	Chicken Parmesan, Veggies & Spaghetti	\$6.29

FRIDAY

Soup:	Manhattan Clam Chowder (Mindful)	\$2.39
Breakfast:	Chocolate Chip Pancakes	\$3.99
Entrée:	Beer Battered Haddock Plate	\$6.99

PIZZA:

Tostada Pizza \$3.09

CALZONE:

CHICKEN, BROCCOLI AND MUSHROOM \$3.99