

MCC Women's Lacrosse Camp



Monroe CC Lady Tribunes Lacrosse Camp

Dates: February 17th- 21st

Ages: 8-17

Location: MCC PAC Center (Indoor Turf 1000 East Henrietta road 14623) *Park near the outdoor turf sign in will be near the pool*

Meet the Coaches

Coach Delfino: Head coach of the women's Lacrosse program at MCC this is her second year with MCC. She has previously coached at Churchville Chili, Aquinas, and FCA.

Coach Dence: This is coach Dence's first year coaching with the MCC Women's Lacrosse program he is the goalie coach for the lady tribunes. He is also a coach at FCA.

Coach Allen: This is coach Allen's first year with the program. She handles logistics and practice layouts.



Schedule

Monday 2/17 - 5:30PM-7:30PM

Tuesday 2/18 - 5:30PM-7:30PM

Wednesday 2/19 - 4:30PM-6:00PM (Speed and agility footwork Clinic)

Thursday 2/20 - 5:30PM-7:30PM

Friday 2/21 - 5:30PM-7:30PM

Prices

\$120.00 per athlete (if you bring 4 canned goods on Monday 2/17 price reduced to \$110.00)

*if athlete is not able to attend full camp week email Coach Delfino for special pricing
ddelfino@monroecc.edu*

Payments can be made Monday 2/17 and can be check, cash, or Visa/MasterCard/Discover

What to Bring

- Water
- Stick
- Goggles
- Mouth Guard
- Turf shoes, cleats, or sneakers



Reserve your spot before its too late!

Please fill out the below enrollment form:

Athlete's Name: _____ (if more than one specify how many) _____

Skill level: _____ (beginner, modified, JV, Varsity)

Age: _____

Contact Information:

Parent Name: _____ Parent Phone: _____

Parent Email: _____

Please email finished enrollment form to ddelfino@monroecc.edu and aallen63@monroecc.edu

Any questions please contact Coach Delfino at ddelfino@monroecc.edu or 585-507-3088