# FOOD FOR THOUGHT <br> <br> Heat f eat Menu 

 <br> <br> Heat f eat Menu} September 15 - October 8

## DINNERS

APPROXIMATELY SERVE 4

Chicken Parmesan \$24.99
Chicken parmesan, pasta, marinara sauce, focaccia breadsticks, salad/dressing, dessert

## Red Beans and Rice $\$ 24.99$ with Sausage

Red beans and rice with andouille sausage, salad/dressing, rolls, dessert

## Pesto Chicken Pasta \$24.99

Bake
Pesto cream pasta with chicken, salad/dressing, focaccia breadsticks, dessert

## PER QUART

Chicken Tortilla
Roasted Carrot \& Ginger

## ADD-ONS

## Macaroni \& Cheese <br> \$9.99

 Bake approximately serves 4
\$5.99
assorted toppings and sauces available

Cookies \& Brownies
\$9.99
per dozen


