



FOOD FOR THOUGHT

MENU

for 11/18/2019 – 12/5/2019

BEVERAGES

Milkshake

(Vanilla, Chocolate, or Strawberry)

\$2.99

Coffee & Hot Tea

\$1.49

Soda (by the can), Lemonade, Iced Tea

\$1.49

SOUPS & SIDES

Soup: Baked Potato

Small \$2.49, Large \$3.49

French Fries

\$1.99

Pasta Salad

\$1.99

Macaroni & Cheese

\$1.99

Side Garden Salad

\$2.25

SALADS

Side Garden Salad

(Can be made without gluten and vegan)

Mixed greens with cucumber, tomato, red onion, carrots and croutons.

Greek Salad

\$5.99

Mixed greens with tomatoes, cucumbers, red peppers, Kalamata olives, pepperoncini, and feta cheese tossed in Greek dressing.

Add grilled chicken for \$1.99

Greek Quinoa Grain Bowl

(Vegetarian and made without gluten)

\$4.29

Quinoa topped with cucumber, tomato, red onion, Kalamata olives, feta cheese, and Greek vinaigrette, served with a side of tzatziki sauce.

Add sliced turkey or chicken for \$1.99

Dressing options: Ranch, Caesar, Balsamic Vinaigrette, Bleu Cheese, or Honey Mustard.

BRICK-OVEN PIZZA

Buffalo Chicken

\$5.49

House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella.

Pepperoni

\$5.49

House-made red sauce, pepperoni, and mozzarella.



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SANDWICHES

Breakfast Sandwich

\$3.49

Egg, bacon, and cheddar cheese on a soft roll.

Gourmet Grilled Cheese Sandwich (vegetarian)

\$5.99

Swiss, provolone, roasted red peppers and spinach on Panini bread, served with the side of the day and a pickle.

Philly Cheesesteak Panini

\$5.99

Sliced roast beef, provolone cheese and sautéed peppers & onions on grilled focaccia, served with the side of the day and a pickle.

½ Sandwich & Cup of Soup or Fries

\$5.99

(Grilled Cheese or Panini)

Freshly Ground Burger

\$5.99

with your choice of cheese (cheddar, Swiss, provolone), lettuce, tomato and onion on a soft roll, served with the side of the day and a pickle.

**Add bacon for \$.50*

Buffalo Chicken Wrap

\$5.99

Crispy buffalo chicken, romaine lettuce, tomato, red onion and Buffalo bleu cheese sauce in a whole wheat wrap, served with the side of the day and a pickle.

ENTREES

House-made Chicken Fingers

\$6.49

served with French fries, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce

Philly Cheesesteak Macaroni & Cheese

entrée \$5.99

Our traditional macaroni & cheese topped with roast beef, sautéed peppers & onions, and melted provolone cheese.

Chicken French

\$6.99

Egg-battered chicken cutlet with a lemon sherry sauce, served over linguini.

DESSERTS

Mini Cannoli

\$1.25

Brownie or Cookie Sundae

\$2.49

Warm brownie or chocolate chip cookie with vanilla ice cream and whipped cream.

Fudgy Brownie or Chocolate Chip Cookie

\$1.49

