

SAVE THE DATE:

Seeds of Success Workshop

**Please join us to learn ways to:
Prepare for Your Exams, Manage Your Anxiety, and
Study More Effectively**



**This workshop is being offered virtually by MCC's Counseling
Center & Disability Services**

on Thursday, December 3rd from 3:00pm-4:30pm

Presented by: Morgan Kennell & Stephanie Lee

**Zoom Link: [https://monroecommunity.zoom.us/j/84789110059?
pwd=c1B0aGN2UUxGckNnK2lQOHhzelhnQT09](https://monroecommunity.zoom.us/j/84789110059?pwd=c1B0aGN2UUxGckNnK2lQOHhzelhnQT09)**

Questions? Email: slee43@monroecc.edu