



# FOOD FOR THOUGHT

Weeks of 3/8/2021 – 3/25/2021 **MENU**

## SOUPS & SIDES

<b>Soup:</b> Creamy Tomato-Basil Soup (vegetarian)	
Small	\$2.49
Large	\$3.49
<b>French Fries</b>	\$1.99
<b>House-fried Potato Chips</b>	\$1.50

## SALADS

<b>Side Garden Salad</b>	\$2.25
<i>(Can be made without gluten and vegan)</i>	
<i>Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.</i>	

<b>Chef's Salad</b>	\$5.99
<i>Crisp romaine lettuce with cucumber, tomato, red onion, sliced turkey, ham, cheddar and provolone cheeses.</i>	

<b>Middle Eastern Grain Bowl</b>	\$4.49
<i>(vegan and made without gluten)</i>	
<i>Quinoa tossed in a lemon-cilantro dressing, topped with dried fruits, red peppers, toasted pine nuts and chives.</i>	

Add grilled chicken for \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

## BRICK-OVEN PIZZA

<b>Cheese</b>	\$4.99
<i>House-made red sauce, with mozzarella cheese.</i>	

<b>Buffalo Chicken</b>	\$5.49
<i>House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese.</i>	

<b>Chipotle Chicken</b>	\$5.99
<i>Crispy chicken, chipotle aioli, bacon, roasted red pepper and mozzarella cheese.</i>	

Optional add-on toppings \$\$.50 each  
Pepperoni, bacon, vine-ripe tomatoes, crispy chicken, grilled chicken

## SANDWICHES

<b>Breakfast Sandwich</b>	\$3.49
<i>Egg, bacon, and cheddar cheese on a soft roll or focaccia bread</i>	

<b>Classic Grilled Cheese Sandwich</b>	\$5.49
<i>Cheddar and provolone cheeses, on focaccia bread, served with house fried potato chips, and a pickle.</i>	

<b>Freshly Ground Burger</b>	\$5.99
<i>with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and onion on a soft roll, served with house fried potato chips, and a pickle.</i>	
<i>*Add bacon for \$.50</i>	

<b>Southwest Turkey Panini</b>	\$5.99
<i>Roasted turkey, pepper jack cheese, roasted red pepper and chipotle aioli on toasted focaccia, served with house fried potato chips, and a pickle.</i>	

<b>½ Sandwich &amp; Cup of Soup or Fries</b>	\$5.99
<i>(Grilled Cheese or Panini)</i>	

<b>Buffalo Chicken Wrap</b>	\$5.99
<i>Crispy buffalo chicken, tomatoes, red onion, and romaine lettuce in a whole wheat wrap, with buffalo blue cheese sauce, served with house fried potato chips, and a pickle.</i>	

## ENTREES

<b>House-made Chicken Fingers</b>	\$6.49
<i>Served with French Fries, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.</i>	

<b>Chicken Provencal</b>	\$6.99
<i>Sautéed chicken breast with white wine, tomato, olives, anchovy paste, and fresh basil served over linguini.</i>	

## DESSERTS

<b>Brownie or Cookie Sundae</b>	\$2.49
<i>Warm brownie or chocolate chip cookie with vanilla ice cream and whipped cream.</i>	

<b>Fudgy Brownie or Chocolate Chip Cookie</b>	\$1.49
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<b>Chocolate Mousse</b>	\$1.99
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## BEVERAGES

<b>Milkshake</b>	\$2.99
<i>(Vanilla, Chocolate, Strawberry or <b>Mint</b>)</i>	

<b>Assorted Beverages</b>	\$1.49
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*The Hospitality Program at Monroe Community College  
welcomes you to **Food For Thought**.  
Our students are available to serve you in this instructional laboratory  
Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in service*

*The restaurant is open for take-out and grab & go service 11:30 a.m. to 1:15 p.m.*

*The faculty, staff, and students thank you  
for your patronage.*

*Please call **292-FOOD (x3663)** for reservations and information about Food For Thought*

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**Hospitality Management**  
MONROE COMMUNITY COLLEGE