Are you a single parent?

Attend a workshop series to learn strategies to help manage life on and off campus.

Selfcare

- Date: Wednesday, March 18, 2020
- Time: 1:00p.m. 1:50p.m.
- Location: Room 250, Dance Studio, MCC Downtown Campus

Self-Empowerment

- Date: Wednesday, April 22, 2020
- Time: 12:00p.m. 12:50p.m.
- Location: Room High Falls A, 3rd Floor, MCC Downtown Campus

For more information or to reserve your spot, contact

Julissa Gonzalez

(585) 685-6163 or jgonzalez36@monroecc.edu

Workshops are open to all single parents.

One-on-one appointments available.

