



# FOOD FOR THOUGHT

Weeks of 3/29/2021 – 4/15/2021 **MENU**

## SOUPS & SIDES

<b>Soup:</b> Chicken Tortilla	
Small	\$2.49
Large	\$3.49
<b>French Fries</b>	\$1.99

## SALADS

<b>Side Garden Salad</b>	\$2.25
<i>(Can be made without gluten and vegan)</i>	
<i>Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.</i>	

<b>Cobb Salad</b>	\$5.99
<i>Crisp romaine lettuce with hard-boiled egg, crumbly bleu cheese, tomato, red onion, bacon, avocado and croutons.</i>	

<b>Avocado Grain Bowl</b>	\$4.49
<i>Quinoa tossed in a lemon vinaigrette, topped with avocado, hard-boiled egg, cucumber, tomato, seasoned chick peas.</i>	

Add grilled chicken for \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

## BRICK-OVEN PIZZA

<b>Cheese</b>	\$4.99
<i>House-made red sauce, with mozzarella cheese.</i>	
<b>Buffalo Chicken</b>	\$5.49
<i>House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese.</i>	
<b>BBQ Chicken</b>	\$5.49
<i>Crispy chicken, barbecue sauce and mozzarella cheese.</i>	
<i>Optional add-on toppings</i>	\$\$.50 each
<i>Pepperoni, bacon, vine-ripe tomatoes, crispy chicken, grilled chicken</i>	

## SANDWICHES

<b>Breakfast Sandwich</b>	\$3.49
<i>Egg, bacon, and cheddar cheese on a soft roll or focaccia bread</i>	

<b>Classic Grilled Cheese Sandwich</b>	\$5.49
<i>Cheddar and provolone cheeses, on focaccia bread, served with house fried potato chips, and a pickle.</i>	

<b>Freshly Ground Burger</b>	\$5.99
<i>with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and onion on a soft roll, served with house fried potato chips, and a pickle.</i>	
<i>*Add bacon for \$.50</i>	

<b>Santa Cruz Panini</b>	\$5.99
<i>Roasted turkey, avocado, bacon, tomato and cheddar cheese on toasted focaccia, served with house fried potato chips, and a pickle.</i>	

<b>½ Sandwich &amp; Cup of Soup or Fries</b>	\$4.99
<i>(Grilled Cheese or Panini)</i>	

<b>Buffalo Chicken Wrap</b>	\$5.99
<i>Crispy buffalo chicken, romaine lettuce and bleu cheese sauce in a whole wheat wrap, served with house fried potato chips, and a pickle.</i>	

## ENTREES

<b>House-made Chicken Fingers</b>	\$6.49
<i>Served with French Fries, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese, Ranch or Buffalo Sauce.</i>	

<b>Chicken French</b>	\$6.99
<i>Egg-battered chicken breast with a lemon sherry sauce, served over linguini.</i>	

## DESSERTS

<b>Brownie or Cookie Sundae</b>	\$2.49
<i>Warm brownie or chocolate chip cookie with vanilla ice cream and whipped cream.</i>	

<b>Fudgy Brownie or Chocolate Chip Cookie</b>	\$1.49
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<b>Cheesecake</b>	\$2.49
<i>Traditional NY style cheesecake with caramel sauce and whipped cream</i>	

## BEVERAGES

<b>Milkshake</b>	\$2.99
<i>(Vanilla, Chocolate, Strawberry)</i>	


<b>Assorted Beverages</b>	\$1.49
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welcomes you to **Food For Thought**.  
Our students are available to serve you in this instructional laboratory  
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The restaurant is open for take-out and grab & go service 11:30 a.m. to 1:15 p.m.*

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**Hospitality Management**  
MONROE COMMUNITY COLLEGE