

321 CAFÉ

Week of Monday February 26



Watch for Mindful Menu Selections!

Look for the Mindful icon to find
your way to better nutrition.

*Celebrate American Heritage
Month!!*

Hours

Monday - Thursday: 7:30am to
6:00pm
Friday: 7:30 to 3:00

Managers

Manager: Thomas Van Pelt
585-292-2513
Cafe manager: Jon Rhees
585-685-6231



Vegan



Vegetarian



Mindful

MONDAY

Soup:	Chicken Gumbo (Mindful)
	Classic Chili
Breakfast:	Eggs & Veggie Relish on English Muffin
	South Philly Chicken on Pretzel Roll
Pizza:	Roasted Vegetable Calzone

TUESDAY

Soup:	Chicken Gumbo (Mindful)
	Classic Chili
Breakfast:	Eggs & Veggie Relish on English Muffin
	South Philly Chicken on Pretzel Roll
Pizza:	Roasted Vegetable Calzone

WEDNESDAY

Soup:	Chicken Gumbo (Mindful)
	Classic Chili
Breakfast:	Eggs & Veggie Relish on English Muffin
	South Philly Chicken on Pretzel Roll
Pizza:	Roasted Vegetable Calzone

THURSDAY

Soup:	Chicken Gumbo (Mindful)
	Classic Chili
Breakfast:	Eggs & Veggie Relish on English Muffin
	South Philly Chicken on Pretzel Roll
Pizza:	Roasted Vegetable Calzone

FRIDAY

Soup:	Chicken Gumbo (Mindful)
	Classic Chili
Breakfast:	Eggs & Veggie Relish on English Muffin
	South Philly Chicken on Pretzel Roll
Pizza:	Roasted Vegetable Calzone

SATURDAY

SUNDAY