



# FOOD FOR THOUGHT

Weeks of 11/16/2020 – 11/19/2020 **MENU**

## SOUPS & SIDES

<b>Soup:</b> Creamy Baked Potato Soup	
Small	\$2.49
Large	\$3.49
<b>French Fries</b>	\$1.99

## SALADS

<b>Side Garden Salad</b>	\$2.25
<i>(Can be made without gluten and vegan)</i>	
<i>Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.</i>	

<b>Greek Salad</b>	\$5.99
<i>Crisp romaine lettuce tossed in a Greek vinaigrette, topped with tomatoes, cucumbers, red peppers, kalamata olives, pepperoncini, and feta cheese.</i>	

<b>Greek Grain Bowl</b>	\$4.49
<i>Quinoa tossed in a Greek vinaigrette, topped with cucumber, tomatoes, red onion, kalamata olives and feta cheese, served with a side of tzatziki.</i>	

Add grilled chicken for \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

## BRICK-OVEN PIZZA

<b>Cheese</b>	\$4.99
<i>House-made red sauce, with mozzarella cheese.</i>	
<b>Buffalo Chicken</b>	\$5.49
<i>House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese.</i>	
<b>Philly Cheesesteak</b>	\$5.49
<i>Garlic oil, roast beef, sautéed peppers &amp; onions, and mozzarella cheese.</i>	
<i>Optional add-on toppings</i>	<i>\$.50 each</i>
<i>Pepperoni, bacon, vine-ripe tomatoes, crispy chicken, grilled chicken</i>	

## SANDWICHES

<b>Breakfast Sandwich</b>	\$3.49
<i>Egg, bacon, and cheddar cheese on a soft roll or focaccia bread</i>	
<b>Classic Grilled Cheese Sandwich</b>	\$5.49
<i>Cheddar and provolone cheeses, on focaccia bread, served with house fried potato chips, and a pickle.</i>	
<b>Philly Cheesesteak Panini</b>	\$5.99
<i>Sliced roast beef, provolone cheese and sautéed peppers and onions on toasted focaccia, served with house fried potato chips, and a pickle.</i>	
<b>Freshly Ground Burger</b>	\$5.99
<i>with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and onion on a soft roll, served with house fried potato chips, and a pickle.</i>	
<i>*Add bacon for \$.50</i>	
<b>½ Sandwich &amp; Cup of Soup or Fries</b>	\$5.99
<i>(Grilled Cheese or Panini)</i>	
<b>Buffalo Chicken Wrap</b>	\$5.99
<i>Crispy buffalo chicken, romaine lettuce and bleu cheese sauce in a whole wheat wrap, served with house fried potato chips, and a pickle.</i>	

## ENTREES

<b>House-made Chicken Fingers</b>	\$6.49
<i>Served with French Fries, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.</i>	
<b>Weekly Highlight:</b>	
<b>FFT Mac &amp; Cheese Plate</b>	\$6.99
<i>Traditional macaroni &amp; cheese, topped with pulled chicken, meat hot sauce and scallions.</i>	

## DESSERTS

<b>Brownie or Cookie Sundae</b>	\$2.49
<i>Warm brownie or chocolate chip cookie with vanilla ice cream and whipped cream.</i>	
<b>Fudgy Brownie or Chocolate Chip Cookie</b>	\$1.49

## BEVERAGES

<b>Milkshake</b>	\$2.99
<i>(Vanilla, Chocolate, or Strawberry)</i>	
<b>Assorted Beverages</b>	\$1.49
<i>Soda(by the can), coffee, hot tea, iced tea, lemonade</i>	



*The Hospitality Program at Monroe Community College  
welcomes you to **Food For Thought**.*

*Our students are available to serve you in this instructional laboratory  
Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in service, by reservation  
only, during the Fall 2020 semester*

*The restaurant is open for take-out and grab & go service 11:30 a.m. to 1:15 p.m.*

*The faculty, staff, and students thank you  
for your patronage.*

*Please call **292-FOOD (x3663)** for reservations and information about Food For Thought*

*Check-out our Facebook  page at @FoodForThoughtMCC*

*Order online! <https://order.tbdine.com/food-for/pickup>*



**Hospitality Management**  
MONROE COMMUNITY COLLEGE