



*TCC Fall Forum at the
Downtown Campus
October 12, 2018*

Save the Date!

- 12:00 **Registration**
- 12:30 **Opening Session** – Round table discussion:
Why did you get into teaching?
- 1:10 **Session 1A** – Sustainability in Teaching:
Avoiding Burnout
Session 1B – Forward Thinking Reflective
Practice Group
- 2:10 **Session 2A** - Sustainability and Maintaining
Your Purpose Reflective Practice Group
Session 2B - Mindfulness: Focusing on Our
Purpose
- 3:10-3:30 **Informal Debrief**

*Keep an eye on the Trib for more information and a RSVP link



Monroe Community College
STATE UNIVERSITY OF NEW YORK