



Healthy For Good™
Heart Walk & Run

Join us to officially launch the
2018 Heart Walk & Run fundraising campaign at our
NEW Community Kick-off
January 24, 2018 from 4pm - 7pm



Raise your Heart Rate through fun activities

Get all of your fundraising tools

Learn more about being Healthy For Good®

Bring your family, friends, coworkers, kids and teams!

RSVP: 585.371-3113
or RochesterHeartWalk@heart.org

Information to be posted on
RochesterHeartWalkRun.org

RSVP by Jan 17 is appreciated, but not
mandatory

Community Kick-off location:
Total Sports Experience
880 Elmgrove Rd.
Rochester, NY 14624