



Watch for Mindful Menu Solutions...

Look for the
Well Balanced
symbol to find your way
to better nutrition.

*Celebrate American Heritage
Month!!*

Hours

Monday - Thursday: 7:30m- 6:00pm
Friday 7:30m-3:00pm

Managers

Tom Van Pelt
292-2513



MARKETPLACE

Week of Monday November 27

PIZZA: CHEESEBURGER

CALZONE: ROASTED VEGETABLE

Monday

Soup:	Chicken Gumbo (Mindful) ☺	\$2.39
	Vegetarian Minestrone V ☺	\$2.39
	Chili con Carne (Mindful) ☺	\$2.39
Breakfast:	French Toast Sticks V ☺	\$3.99
Grill @:	South Philly Chicken on Pretzel Roll	\$5.49
Brighton Deli:	Lemon Tarragon Tuna Salad Sandwich ☺	\$4.29
Brighton Entree:	2 Italian Turkey Sausage/Fennel Manicotti ☺	\$6.29
	Side Garden Salad V	
Magellan's:	Warm Pasta Salad w/ Grilled Chicken	\$6.29

Tuesday

Soup:	Italian Wedding Soup (Mindful) ☺	\$2.39
	Caribbean Carrot & Sweet Potato Soup V	\$2.39
	Chili con Carne (Mindful) ☺	\$2.39
Breakfast:	French Toast Sticks V ☺	\$3.99
Grill @:	South Philly Chicken on Pretzel Roll	\$5.49
Brighton Deli:	Lemon Tarragon Tuna Salad Sandwich ☺	\$4.29
Brighton Entree:	2 Mustard Chicken & Spinach Stuffed Potato ☺	\$6.29
Magellan's:	Asian Beef and Broccoli Stir-Fry	\$6.29

Wednesday

Soup:	Beef Barley Soup ☺	\$2.39
	Cream of Mushroom with Wild Rice Soup V	\$2.39
	Chili con Carne (Mindful) ☺	\$2.39
Breakfast:	French Toast Sticks V ☺	\$3.99
Grill @:	South Philly Chicken on Pretzel Roll	\$5.49
Brighton Deli:	Lemon Tarragon Tuna Salad Sandwich ☺	\$4.29
Brighton Entree:	Old Fashioned Beef Stew	\$6.29
Magellan's:	Scratch Roasted Vegetable Lasagna V	\$6.29

Thursday

Soup:	Cream of Spinach Soup V	\$2.39
	Corn Chowder	\$2.39
	Chili con Carne (Mindful) ☺	\$2.39
Breakfast:	French Toast Sticks V ☺	\$3.99
Grill @:	South Philly Chicken on Pretzel Roll	\$5.49
Brighton Deli:	Lemon Tarragon Tuna Salad Sandwich ☺	\$4.29
Brighton Entree:	Spicy Buffalo Chicken Wings	\$4.59 7.29
Magellan's:	Spicy Buffalo Chicken Wings	\$4.59 7.29

Friday

Soup:	Gulf Shrimp & Corn Chowder	\$2.39
	Chili con Carne (Mindful) ☺	\$2.39
Breakfast:	French Toast Sticks V ☺	\$3.99
Brighton Entree:	Beer Battered Haddock Plate	\$6.99
	Pineapple Cole Slaw V ☺	
Magellan's:	Beer Battered Haddock Plate	\$6.99
	Pineapple Cole Slaw V ☺	