

Have you ever wondered **What Women Really Want? ...**

A fabulous Adventure Weekend at The Lodge at Woodcliff

In partnership with

The 2nd Annual Eastside Retailers Spring Preview Show & Sale

January 20-21, 2007

Partial proceeds will benefit The Breast Cancer Coalition of Rochester

Only \$100.00 per person guarantees your room now!

Call your Mom, Sister and your Friends and make plans to join the fun at this fabulous Women's Get-Away, make reservations now! (Space Limited) 585 248-4810.

*Your Adventure Weekend includes:*

- Admission to Eastside Retailers Spring '07 Preview Show & Sale featuring more than 50 of your favorite retailers (At Woodcliff's indoor shopping plaza). Huge Sales!
  - Wine and Hors D'oeuvres tasting
  - Scrumptious Dinner and Breakfast
- An "over-the-top" dessert extravaganza - Chocolate, Chocolate and more Chocolate!
  - On-site entertainment in Horizons Lounge
  - Wellness seminars, exercise and stress management
    - New York style runway fashion show
    - Sampling of personal care services
  - Freebies, coupons galore and the chance to win fabulous prizes

All this for only \$199.00 per person; double, triple or quad room occupancy (May upgrade to Single Room, Jacuzzi Room and other suites - - ask for details)



Spa Elan full services available: massage, facials, manicures, hair care, etc., may be booked separately from your package



(800) 365-3065 or (585) 248-4810 - Visit us at: [www.woodcliffodge.com](http://www.woodcliffodge.com) for on-line registration form

# Thank you to our Sponsors:



For more information on becoming an Eastside Retail vendor, or sponsor contact  
Patti Ronsvale (585) 899-9151  
Event Produced by Big Kids Productions



199 Woodcliff Drive, Box 22850, Rochester, NY 14692  
(585) 248-4810 Fax (585) 381-2673 Toll Free - 1 800 365-3065  
e-Mail [reservations@woodcliffodge.com](mailto:reservations@woodcliffodge.com)  
Visit us at [www.woodcliffodge.com](http://www.woodcliffodge.com)

## WHAT WOMEN WANT... ADVENTURE WEEKEND

January 20-21, 2007

Reservations can be made by returning this form with deposit to:  
The Lodge at Woodcliff, Attn: Reservations Department  
PO Box 22850  
Rochester, NY 14692

or  
Fax this form with CC # for deposit to: (585) 381-2673 or call: (585) 248-4810.

Check in: NOON Check out: 1:00pm

NAME(s): MS. \_\_\_\_\_ \*SHARING WITH \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_

CITY / STATE / ZIP: \_\_\_\_\_

DAY PHONE: \_\_\_\_\_ CELLULAR PHONE: \_\_\_\_\_

FAX NUMBER \_\_\_\_\_ EMAIL: \_\_\_\_\_

This reservation form confirms a 1/20/2007 arrival and 1/21/2007 departure.

\*\*Add an additional night for \$99.00 per night. Ask your reservationist for details

# OF ADULTS \_\_\_\_\_

Credit Card Co. \_\_\_\_\_ Name on credit card: \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

Credit card # required for deposit: \_\_\_\_\_ Expiration: \_\_\_\_\_

**Each roommate to provide separate registration form.**

**Deposit Policy: All reservations must be secured with a non-refundable deposit of \$100.00 per person.**

**ROOM RATES ARE PER PERSON PER DAY:** \_\_\_\_\_ Single/ Double/Triple/Quad

\_\_\_NS King \_\_\_NS Double \_\_\_Smoking King \_\_\_Smoking Double \$255.00 \$199.00

**Package rate above includes:**

Overnight Guestroom, Seminars, Entertainment, Trade Shows, Wine Tasting, Hors d'oeuvres, Dinner on Saturday, Breakfast on Sunday, applicable service charge and sales tax.

**Upgraded rooms** are available at the package rate plus \$85.00 per room per night for One-level Jacuzzi Suite or Bi-Level Mountain Suite. Based on Availability (Circle one)

Full Amount to be charged at seven days out (less deposit taken at time of reservation.) Circle Amount:

For single room \$155.00 deposit - For double room \$100.00 deposit per person

**CUTOFF DATE: Friday, December 29th, 2007.**

Please reserve your room prior to the date above or reservations will be subject to date and rate availability after the cutoff date.

There is a 7-day cancellation policy. Should you cancel within 7 days of your arrival, you will forfeit your full pre-payment. There will be no credit for missed/unused meals. Should it be necessary for you to arrive later than or depart earlier than your confirmed dates, you will be responsible for all of the original room nights booked from your intended stay.

***Spa treatments incur separate charges and spa treatment times will sell out. Book your treatments NOW! Spa Elan-585-248-4870.***

WHAT WOMEN WANT... ADVENTURE WEEKEND

Saturday, January 20, 2007

Reservations can be made by returning this form with deposit to:

The Lodge at Woodcliff, Attn: Reservations Department

PO Box 22850

Rochester, NY 14692

Fax this form with CC # for deposit to: (585) 381-2673 or call: (585) 248-4810.

**SIGN UP FOR SEMINARS OR ACTIVITIES: CHOOSE FROM THE FOLLOWING:**

I will be attending the following seminars or activities:

- Polar Bear Challenge
- Yoga
- Thai Chi Class
- Aqua Aerobics
- Seminar #1 - Shopping Showcase (Plus 35 of your favorite shops and services on site during the two day Eastside Retailers Spring Show and Preview Sale)
- Seminar #2 - Financial Planning
- Seminar #3 - Women's Healthcare Education and Health Check
- Seminar #4 - Stress Management
- Sumo Wrestling

To arrange for Spa Elan full service treatments, you must contact Spa Elan directly at  
(585) 248-4870

***Upon completion of this form your reservation will be guaranteed with your credit card, view our websites for updates on this exciting event.***



# What Women Really Want Seminars

All seminars and activities are free, except where noted. Seminars are meant for you to sample and are generally structured in 20 minute blocks. Activities are performed at guests own risk. These activities are on-going--you will be able to "drop-in" and take part. Once you register for seminars and activities you will find a personal weekend activity agenda in your room after you check in for the actual weekend. Make certain you register individually for these activities, although you may decide to attend these activities with friends. Your registration of these events simply gives us an indication of your interest level. You will be able to take part in the registered events at your leisure, and as openings occur.

STRESS MANAGEMENT: Learn the latest techniques for calming and centering yourself.

SPA ELAN: Preregister directly with the spa to receive your full service treatments (facials, massage, hair, etc).

YOGA : Just say "ohmmmmmmmmmm"

TAI CHI : Instructors are professionally qualified

ORGANIZED AQUA AEROBICS IN WOODCLIFF'S INDOOR POOL. Hot tub will be open for use. Free swim times will also be available.

WOODCLIFF'S EXERCISE CLUB: various weights and exercise equipment may be used.

FINANCIAL PLANNING FOR YOUR FUTURE (or "How to Buy More Shoes in 2007"). No matter what your age, the fun team from Optima will help you keep (and make) more money!

IINTERACTIVE WOMEN'S SUMO WRESTLING CHAMPIONSHIPS Register with your friends to climb into these huge padded Sumo suits and fight against breast cancer! (More fun than anyone should be allowed to have!!!) Bring your camera! The coveted SHE WON'T LAY DOWN TROPHY is up for grabs!. Small entry fee donation to BCCR requested.

BRRRRRAVE WOMENS' POLAR BEAR PLUNGE! This event involves potential contestants raising money for Breast Cancer Coalition of Rochester. The top money raisers win a spot in the plunge, which will take place Saturday afternoon, during the women's weekend in Woodcliff's Outdoor Pool. If you, your friends, or your club/corporate department/or group would like to participate, Contact Karen Cardillo, at MCC's Health & Physical Education Department for further information: email: [kardillo@monroecc.edu](mailto:kardillo@monroecc.edu) --Great prizes, Trophie (and a blanket--for winners!)

FOOD, FOOD, WINE, WINE, & DESSERT! As dear ol' Mom would say: "IF YOU WALK AWAY FROM THIS TABLE HUNGRY--IT'S YOUR OWN FAULT!" A fabulous dinner and full breakfast buffet by the legendary chefs of Woodcliff is included in your weekend package. There will also be a wine and appetizer tasting in Horizon's Restaurant Saturday evening, and a sumptuous dessert and coffee/tea bar. Horizon's lounge will be open both days and evenings, and during weekend musical entertainment. During dinner in Woodcliff's ballroom you will be wowed by our wonderful New York Style Runway Fashion Show, featuring Spring 2007 fabulous fashions (for both men and women--did they say men???)

More exciting activities will be added!