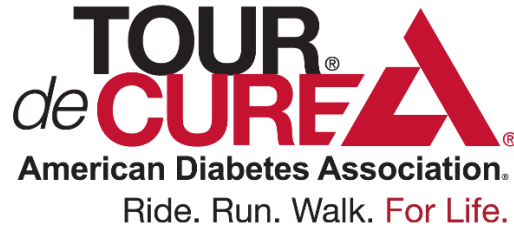


## SIGN UP TO VOLUNTEER FOR THE



Presented by:



Volunteers are so special to the American Diabetes Association and every hour you give makes a major impact. The Tour de Cure has expanded to include a ride, run and a walk so even more volunteers are needed.

Volunteers are really the backbone of the event and help to make the day exceptional. We would love for you to become part of this dynamic, passionate and fun group of people that volunteer together at this event.

Some examples of volunteer opportunities available:

- Event Set Up
- Route Signage
- Registration
- Volunteer Check-in
- SAG (Support And Gear) Vehicle Driver or Assistance
- Medical & First Aid Support
- Rest Stop
- Road Marshall (Stationary at high traffic intersections)
- Route Marshall
- Parking
- Traffic Control
- Start/Finish line cheer teams
- Active Kids' Area
- Clean-up
- And more!

### [Donate Your Time & Volunteer Today!](#)

Whether you have an hour to give or eight hours, your donation of time is so valuable and needed. Visit: [diabetes.org/roctourvolunteer](https://diabetes.org/roctourvolunteer) for more information or to register to volunteer today! For additional information please reach out to Sandi Benati the American Diabetes Association Volunteer Coordinator at: [ROCTDCVOLUNTEER@gmail.com](mailto:ROCTDCVOLUNTEER@gmail.com)

