

College Study Tours



May 24th- June 7th

Class starts on 2/27Room 06-333 SPA-221 on location (Costa Rica)

For more information contact jlalas@mcc.edu



Environment & Culture in Costa Rica

LED BY PROFESSOR JORGE ALAS MONROE COMMUNITY COLLEGE - ROCHESTER

There's nothing quite like the rainforests of the "Rich Coast" to get the adrenaline pumping. At its heart, the Central American country boasts an epic landscape that is home to nearly 5 percent of the world's biodiversity. Discover how fragile these endangered ecosystems are as you travel through different rainforest preserves and unearth dazzling displays of color and sound. Breakfast, lunch and dinner is included each day.

CITIES VISITED: SAN JOSÉ, ARENAL REGION, LOS CHILES, MONTEVERDE, CENTRAL PACIFIC COAST, SARCHÍ

PROGRAM NU 2154408AZ		LENG 9 DAY	TH: PROGRAM
MAY 24	JUN 01		JUN 07
Requested departure	Requested return		Latest return

ENROLL ONLINE: EFCST.COM/2154408AZ

9-DAY ITINERARY

Day 1: Fly overnight to Costa Rica

- Meet your Tour Director at the airport
- Enjoy dinner in San José

Day 2: San José | Arenal region

- Take a walking tour of San José
- Visit Poás Volcano
- Travel to the Arenal region
- Visit the Arenal hot springs
- Enjoy breakfast, lunch and dinner

Day 3: Arenal region | Los Chiles

- Take a day trip to Los Chiles
- Take a boat tour of Caño Negro Wildlife Refuge
- Enjoy breakfast, lunch and dinner

Day 4: Arenal region | Monteverde

- Visit La Fortuna Waterfall
- Travel to Monteverde
- Enjoy breakfast, lunch and dinner

Day 5: Monteverde

- Visit the Santa Elena Cloud Forest Reserve
- Plant a tree in the EF Reserve
- Experience a canopy adventure
- Enjoy breakfast, lunch and dinner

Day 6: Monteverde | Central Pacific Coast

- Travel to the Central Pacific Coast
- Visit Rainforest Adventures
- Enjoy breakfast, lunch and dinner

Day 7: Central Pacific Coast

- Visit Manuel Antonio National Park
- Enjoy a crocodile river tour

WHAT'S INCLUDED

Accommodations

Transportation

Enjoy breakfast, lunch and dinner

Day 8: Central Pacific Coast | Sarchí | San José

- Travel via Sarchi to San José
- Visit a coffee plantation
- Enjoy breakfast, lunch and dinner

Day 9: Depart for home



Entrances

O Los Chiles

Sarchí

Monteverde (2)

Central Pacific Coast (2)

Arenal region (2)

Poás Volcano

San José (2 or 3)

Manuel Antonio National Park

ENROLL NOW

EFCOLLEGESTUDYTOURS.COM/

2154408AZ

(m) Regional-style meals

REQUESTED DEPARTURE DATE - SUBJECT TO CHANGE:				
MAY 24	JUN 01	JUN 07	DEPARTURE CITY: ROCHESTER	ENROLL BY PHONE: 877-485-4184
Requested departure	Requested return	Latest return	PROGRAM NUMBER: 2154408AZ	ENROLL ONLINE: EFCST.COM/2154408AZ

End-to-end support

Expert local guides

Full-time Tour Director

(486)

(45)

(3)

*PROGRAM PRICE VALID FOR TODAY. DOUBLE ROOMING IS REQUIRED FOR TRAVELERS AGE 30 AND OLDER AT THE TIME OF TRAVEL. CHANGE AND CANCELLATION FEES OF UP TO THE TOTAL PRICE WILL APPLY. APPLICABLE AIRLINE BAGGAGE FEES ARE NOT INCLUDED AND CAN BE FOUND AT EFCOLLEGESTUDYTOURS.COM/BAGGAGE. ALL PRICES SUBJECT TO VERIFICATION BY EF PROGRAM COORDINATOR. TO VIEW EF'S BOOKING CONDITIONS, VISIT EFCOLLEGESTUDYTOURS.COM/BC.