



Menu for 11/18/2024 – 12/05/2024

An accessible version of this menu is available on the [MCC Food For Thought webpage](#)

### Soups & Sides

**Soup:** Creamy Baked Potato with Bacon

Small \$3.00 Large \$4.00

**French Fries** \$2.45

**House Fried Potato Chips** \$2.25

### Salads

**Greek Salad** \$7.10

Mixed greens tossed in a Greek vinaigrette, topped with tomatoes, cucumbers, red onions, red peppers, kalamata olives, pepperoncini, and feta cheese.

**Greek Grain Bowl** \$5.95

Quinoa tossed in a Greek vinaigrette, topped with cucumber, tomatoes, red onion, kalamata olives and feta cheese, served with a side of tzatziki.

*Add ons: grilled chicken \$1.99, plant-based crispy chicken \$2.75, bacon \$1.00*

### Pizzas

**Cheese** (Vegetarian) \$5.15

House made marinara, mozzarella cheese.

**Pepperoni** \$6.15

House made marinara, pepperoni, mozzarella cheese.

**Buffalo Chicken** \$7.25

buffalo blue cheese sauce, crispy buffalo chicken, mozzarella cheese.

**Greek Pizza** \$7.25

garlic oil, olives, roasted red peppers, tomatoes, spinach mozzarella and feta cheese.

### Entrees

**Chicken Fingers** \$7.25

Served with house fried potato chips, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.

**Spicy Rice Noodle Bowl** \$6.70

Sautéed cabbage, red pepper, and carrots served over rice noodles with a spicy Asian sauce and fresh cilantro.

*Add sauteed chicken for \$1.99*

### Sandwiches

*All sandwiches include house-fried potato chips and a pickle.*

**Breakfast Sandwich** \$5.25

Egg, bacon, and cheddar cheese on a soft roll.

**Classic Grilled Cheese Sandwich** (vegetarian) \$6.00

Cheddar, provolone and pepper jack cheeses on focaccia.

**Turkey BLT Panini** \$7.25

Sliced turkey, bacon, tomato and garlic aioli on focaccia.

**The Boss Chicken Sandwich** \$7.25

Crispy or grilled chicken tossed in Boss Sauce, topped with bacon, lettuce and tomato on a soft roll.

**Slider Burgers** \$7.25

Two mini burgers with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll.

**Buffalo Chicken Wrap** \$7.25

Crispy buffalo chicken, romaine lettuce, tomato, red onion and buffalo bleu cheese sauce in a wheat wrap.

### Beverages

**Milkshake** \$4.65

(Vanilla, Chocolate, Strawberry, Peppermint)

**Assorted Beverages** \$2.00

Bottled beverages, coffee, hot tea, iced tea, lemonade.

**Fruit Smoothies** \$5.95

Harvest Greens, Superfruit, Tropical, Mellow Mango

### Desserts

**Brownie Sundae** \$3.80

Warm brownie with vanilla ice cream and whipped cream.

**Fudgy Brownie** \$2.35

**Cheesecake with Caramel Sauce** \$3.25

Please inform us of any food allergies



### Dining Options

The Hospitality Program at Monroe Community College welcomes you to **Food For Thought**.

#### Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in and take-out service.

#### Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

### Social Media

Check-out our Facebook page at [@FoodForThoughtMCC](https://www.facebook.com/FoodForThoughtMCC)



**Hospitality Management**  
MONROE COMMUNITY COLLEGE

Food For Thought is located in Building 3, Room 146

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness\*