

Watch for Mindful Menu Solutions...

Look for the Well Balanced symbol to find your way to better nutrition.

Celebrate American Heritage Month!!

Hours

Monday - Thursday: 7:30m- 6:00pm Friday 7:30m-3:00pm

> Managers Tom Van Pelt 292-2513



Vegan



Vegetarian



Mindful

MARKETPLACE

Week of Monday March 19

Monday

Vegetable Chili (Mindful) ₩ ७ Soup:

Classic French Onion Soup

Chicken & Noodle Soup

Grill @: Texas French Toast M

Dijon Turkey Burger with Apple Chutney 🥸

Brighton Entree: Spinach Stuffed Pork Chop & Sweet Potato

Magellan's: Meat Lasagna Pizza: Taco Pizza

Tuesday

Soup: Black Bean, Sausage and Rice Soup

Split Pea Soup with Ham 🥶 Vegetable Chili (Mindful) W 🐸

Grill @: Texas French Toast M

Dijon Turkey Burger with Apple Chutney 🥸

Brighton Entree: Thai Citrus Beef Stir Fry with Rice 🥗

Magellan's: **BBQ Pork Ribs**

Country Style Potato Salad

Wednesday

Vegetable Chili (Mindful) W 🕙 Soup:

Cream of Spinach Soup M

Hearty Turkey & Noodle Soup 🥗

Grill @: Texas French Toast M

Dijon Turkey Burger with Apple Chutney 🥸

Brighton Entree: Homestyle Meatloaf

Garlic Mashed Potatoes Roast Vegetables WS

Thursday

Soup: Vegetable Chili (Mindful) W 65

> Cream of Tomato Soup V Minestrone Soup W 65

Southwestern Omelet & Roaster Potatoes W . Grill @:

Fried Chicken Wrap Brighton Entree: Basil Lemon Chicken Breast & Couscous 🥗

Deluxe Grilled Cheese on Texas Toast Magellan's:

Pizza: Taco Pizza

Vegetable Chili (Mindful) W 65 Soup:

Classic New England Clam Chowder

Grill @: Southwestern Omelet & Roaster Potatoes <a>V

Fried Chicken Wrap

Brighton Entree: Haddock Fillets,, 4-6 oz 🥸

Creamy Cole Slaw M

Roasted Potatoes **©**

Haddock Fillets, 4-6 oz 🥸 Magellan's: