



Menu for 3/7/2022 – 3/24/2022

An accessible version of this menu is available on the [MCC Food For Thought webpage](#)

### Soups & Sides

<b>Soup:</b> Minestrone Soup	
Small	\$2.99
Large	\$3.99
<b>French Fries</b>	\$1.99
<b>House Fried Potato Chips</b>	\$1.79

### Salads

<b>Mexican Salad</b>	\$6.29
Crisp romaine lettuce with Cajun corn, tomato, cilantro, shredded cheddar, crispy chicken and fried corn tortilla strips.	

<b>Middle Eastern Grain Bowl</b>	\$5.39
<small>(vegan and made without gluten)</small>	
Quinoa tossed in a lemon-cilantro dressing, topped with dried fruits, red peppers, toasted pine nuts and chives.	

Add grilled chicken or sliced Turkey for \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

### Beverages

<b>Milkshake</b>	\$3.59
(Vanilla, Chocolate, Strawberry, or Crème de menthe)	
<b>Assorted Beverages</b>	\$1.79
Assorted bottled beverages, coffee, hot tea, iced tea, lemonade.	

### Sandwiches

<b>Breakfast Sandwich</b>	\$3.79
Egg, bacon, and cheddar cheese on a soft roll.	
<b>Classic Grilled Cheese Sandwich</b> (vegetarian)	\$5.49
Cheddar, provolone and pepper jack cheeses on panini bread, served with house fried potato chips and a pickle.	
<b>Southwest Turkey Panini</b>	\$6.79
Roasted turkey, pepper jack cheese, roasted red pepper and chipotle aioli on toasted panini bread, served with house fried potato chips, and a pickle. *Add bacon for \$.50	
<b>½ Sandwich &amp; Cup of Soup or Fries</b>	\$5.49
<small>(Grilled Cheese or Panini)</small>	
<b>Slider Burgers</b>	\$6.79
Two mini burgers with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and sautéed onions on a soft roll, served with house fried potato chips, and a pickle. *Add bacon for \$.50	
<b>Chipotle Chicken Sandwich</b>	\$6.79
Crispy or grilled chicken with chipotle aioli, bacon, lettuce and tomato on a soft roll, served with house fried potato chips, and a pickle.	

### Entrees

<b>House-made Chicken Fingers</b>	\$6.49
Served with house fried potato chips, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.	
<b>Chicken Provencal</b>	\$6.99
Sautéed chicken breast with white wine, tomato, olives, anchovy paste, and fresh basil served over linguine.	

### Desserts

<b>Brownie Sundae</b>	\$3.49
Warm brownie with vanilla ice cream and whipped cream.	
<b>Fudgy Brownie</b>	\$1.99
<b>NY Style Cheesecake</b>	\$2.49



### Dining Options

The Hospitality Program at Monroe Community College welcomes you to **Food For Thought**.

#### Hours

Our students are available to serve you in this instructional laboratory Monday through Thursday from 11:30 a.m. to 1:00 p.m. for dine-in and take-out service.

#### Reservations

Please call **(585) 292-FOOD (x3663)** for reservations and information about Food For Thought.

The faculty, staff, and students thank you for your patronage.

### Social Media

Check-out our Facebook page at [@FoodForThoughtMCC](#)



**Hospitality Management**  
MONROE COMMUNITY COLLEGE