



NATIONAL HEALTHY LUNCH DAY™

SEPTEMBER 19, 2017

Lunch Right with Every Bite



 **American Diabetes Association.**

Let's Do Lunch—A Healthy Lunch!

Your health matters! Often food choices during the workday are full of calories, yet lack nutritional value.

Take this day to make good nutrition a part of a healthy lifestyle both at work and at home.

Featured Lunch Options Today

at The Brighton Campus Marketplace

and The 321 Cafe

Seared Thai Chicken Breast

Cucumber Thai Salad

Orange Cilantro Salad

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