



FOOD FOR THOUGHT

Weeks of 4/19/2021 – 4/30/2021 **MENU**

SOUPS & SIDES

Soup: Chicken Noodle Soup	
Small	\$2.49
Large	\$3.49
French Fries	\$1.99

SALADS

Side Garden Salad	\$2.25
<i>(Can be made without gluten and vegan)</i>	
<i>Crisp romaine lettuce with cucumber, tomato, red onion, carrots and croutons.</i>	

Greek Salad	\$5.99
<i>Crisp romaine lettuce tossed in a Greek vinaigrette, topped with tomatoes, cucumbers, red peppers, kalamata olives, pepperoncini, and feta cheese.</i>	

Greek Grain Bowl	\$4.49
<i>Quinoa tossed in a Greek vinaigrette, topped with cucumber, tomatoes, red onion, kalamata olives and feta cheese, served with a side of tzatziki.</i>	

Add grilled chicken for \$1.99

Dressing options: Ranch, Caesar, House Vinaigrette, Bleu Cheese, or Honey Mustard.

BRICK-OVEN PIZZA

Cheese	\$4.99
<i>House-made red sauce, with mozzarella cheese.</i>	
Buffalo Chicken	\$5.49
<i>House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella cheese.</i>	
Philly Cheesesteak	\$5.49
<i>Garlic oil, roast beef, sautéed peppers & onions, and mozzarella cheese.</i>	
<i>Optional add-on toppings</i>	<i>\$.50 each</i>
<i>Pepperoni, bacon, vine-ripe tomatoes, crispy chicken, grilled chicken</i>	

SANDWICHES

Breakfast Sandwich	\$3.49
<i>Egg, bacon, and cheddar cheese on a soft roll or focaccia bread</i>	
Classic Grilled Cheese Sandwich	\$5.49
<i>Cheddar and provolone cheeses, on focaccia bread, served with house fried potato chips, and a pickle.</i>	
Philly Cheesesteak Panini	\$5.99
<i>Sliced roast beef, provolone cheese and sautéed peppers and onions on toasted focaccia, served with house fried potato chips, and a pickle.</i>	
Freshly Ground Burger	\$5.99
<i>with your choice of cheese (cheddar, provolone, pepper jack), lettuce, tomato and onion on a soft roll, served with house fried potato chips, and a pickle.</i>	
<i>*Add bacon for \$.50</i>	
½ Sandwich & Cup of Soup or Fries	\$4.99
<i>(Grilled Cheese or Panini)</i>	
Buffalo Chicken Wrap	\$5.99
<i>Crispy buffalo chicken, romaine lettuce and bleu cheese sauce in a whole wheat wrap, served with house fried potato chips, and a pickle.</i>	

ENTREES

House-made Chicken Fingers	\$6.49
<i>Served with French Fries, pickle and choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce.</i>	
Chicken Marsala	\$6.99
<i>Sautéed chicken breast with a marsala wine and mushroom sauce, served over pasta.</i>	

DESSERTS

Brownie or Cookie Sundae	\$2.49
<i>Warm brownie or chocolate chip cookie with vanilla ice cream and whipped cream.</i>	
Fudgy Brownie or Chocolate Chip Cookie	\$1.49
Strawberry Cupcake	\$1.99

BEVERAGES

Milkshake	\$2.99
<i>(Vanilla, Chocolate, or Strawberry)</i>	
Assorted Beverages	\$1.49




*The Hospitality Program at Monroe Community College
welcomes you to **Food For Thought**.
Our students are available to serve you in this instructional laboratory
Monday through Thursday from 11:30 a.m. to 1:00 p.m.*

The restaurant is open for take-out and grab & go service 11:30 a.m. to 1:15 p.m.

*The faculty, staff, and students thank you
for your patronage.*

*Please call **292-FOOD (x3663)** for reservations and information about Food For Thought*

Check-out our Facebook  page at @FoodForThoughtMCC

Order online! <https://order.tbdine.com/food-for/pickup>



Hospitality Management
MONROE COMMUNITY COLLEGE