321 CAFÉ

Week of Monday November 20



Watch for Mindful Menu Selections!

Look for the Mindful icon to find your way to better nutrition.

Celebrate American Heritage
Month!!

Hours

Monday - Thursday: 7:30am to 6:00pm

Friday: 7:30 to 3:00

Managers

Manager: Thomas Van Pelt 585-292-2513 Cafe manager: Jon Rhees 585-685-6231



Vegan



Vegetarian



Mindful

	MONDAY	
Soup:	Grilled Chicken Tortilla Soup (Mindful) 🍮	\$2.39
	Chili con Carne (Mindful) 🍮	\$2.39
Breakfast:	Blueberry Pancakes V 🌣	\$3.99
Grill:	Blue Ribbon Cheddar BBQ Burger	\$6.29
Deli:	Roast Beef & Ricotta Panini 🌕	\$5.29
Entrée:	Chicken Florentine Penne Casserette 🌣	\$6.29
	TUESDAY	
Soup:	Creamy Tomato Basil Soup VS	\$2.39
•	Chicken & White Bean Chili (Mindful) 12z 🥗	\$2.39
Breakfast:	Blueberry Pancakes VO	\$3.99
Grill:	Blue Ribbon Cheddar BBQ Burger	\$6.29
Deli:	Roast Beef & Ricotta Panini 🌕	\$5.29
Entrée:	House Taco Bar	\$3.99
	WEDNESDAY	
Soup:	Hearty Beef Vegetable Soup	\$2.39
•	Vegetarian Chili V	\$2.39
Breakfast:	Blueberry Pancakes V 🐸	\$3.99
Grill:	Blue Ribbon Cheddar BBQ Burger	\$6.29
Deli:	Roast Beef & Ricotta Panini 🍊	\$5.29
Entrée:	Hot Dog Bar	\$4.99
	THIDCDAY	

THURSDAY

HAPPY THANKSGIVING!

PIZZA: HAWAIIAN HAM

CALZONE: PEPPERONI LOVERS

SUNDAY