



## Monroe Community College

STATE UNIVERSITY OF NEW YORK

# Tutoring and Academic Assistance Center (TAAC) Fall 2023 In-Class Workshops

## Academic Coaching Workshops

### 1. TAAC Information Session (10-15 minutes)

This information session discusses all of the TAAC services. Students will learn about the different types of tutors and appointments, academic coaching, and how to book a tutoring appointment on TracCloud.

### 2. What is Academic Coaching? (10-15 minutes)

This information session discusses what Academic Coaching is, the skills Academic Coaches can help with, and the reasons why students might meet with an Academic Coach. Students will also fill out a short study skills questionnaire to determine their strengths as well as areas they might need to work on and engage in a brief coaching activity.

### 3. Using a Planner (30, 45, or 60 minutes)

This workshop discusses how to set up and use both a paper and digital planner. Using a planner helps keep track of assignments, due dates, classes, work, and social events. Learn to manage your time effectively by creating good academic planner habits that will set you up for college success. All students will receive a free student planner.

### 4. Getting the Most Out of a Textbook (30, 45, or 60 minutes)

Textbooks can be overwhelming and cover a lot of information. This workshop will help students learn how to become an active reader and provide strategies to help them read textbooks more effectively. Effective reading strategies can ensure that you understand course material, come to class prepared, and perform better on class assignments and tests.

### 5. Note-Taking Strategies (30, 45, or 60 minutes)

Notetaking is an essential learning skill in college. Actively taking notes during class can help you understand main concepts and learn what you have heard. This workshop discusses the importance of notetaking, tips for taking good notes, five different methods for taking notes in class, and options for digital notes. Learn how notes are an important tool for reviewing and studying class material and helping you prepare for exams.

### 6. Test Taking Strategies and Test Anxiety (30, 45, or 60 minutes)

Taking exams in college can be stressful and difficult. This workshop discusses how to prepare for tests and strategies to use while taking them in order to improve your performance. Learn about resources and suggestions to reduce text anxiety and improve your testing experience in college.

## Writing Workshops

### 1. What is Writing Anxiety? (30, 45, or 60 minutes)

Writing in college can be overwhelming and stressful. This workshop offers solutions for students that are experiencing negative feelings about their writing and are having trouble getting started. Do you know why you procrastinate? Writing anxiety can be the culprit behind your procrastination. Learn how to understand and manage writing anxiety and become more confident in yourself as a writer.

## **2. Planning Out the Writing Process (30, 45, or 60 minutes)**

Do you ever wait until the last minute to start a writing assignment? Learn how to make a schedule for writing a paper by breaking an assignment into a series of smaller steps in order to space out the work. Managing your time effectively can reduce stress and allow you to do your best work. Learn how to break writing into smaller, more manageable goals, and reward yourself in the process.

## **3. The Anatomy of a Paper: Essay Structure (30, 45, or 60 minutes)**

Do you find it difficult to organize your thoughts or get stuck on how to get started on a writing assignment? This workshop will walk you through the writing formula and the basic anatomy of an essay by breaking down each section. Learn how to connect each step together to create a structured essay.

## **4. Vetting a Source (30, 45, or 60 minutes)**

The information we have at our disposal in this digital age certainly has its benefits—we have so much right at our fingertips—but this level of access requires us to be diligent and critical in our assessment of information and the source of content. In this workshop, we will learn how to understand and navigate rhetoric and evaluate the source of the information you hear and read. Discover best practices for finding and vetting sources and how to assess their credibility.

## **5. Research as Part of the Writing Process: How to Navigate Research and Integrate it into Your Writing (30, 45, or 60 minutes)**

Did you know that the writing process begins before the pen hits the page—or the fingers hit the device? Learn how brainstorming and research enter you into the very first stages of the writing process. Discover ways to initiate your path to research—and how to navigate shifts along this path as you come across new findings. Learn, too, how research is needed to evidence your arguments and ideas—and how to be strategic in how you select research and thread it into your writing.

## **6. Avoiding Plagiarism: Paraphrasing, Quoting, and Citing your Research (30, 45, or 60 minutes)**

Learn about tools and services for saving and citing your sources, being strategic about your selection of information, integrating your sources into your assignment, putting information from your sources into your own words, and writing in-text citations and a works cited page.

## **7. Writing Consultant Led Peer Review (60 or 90 minutes)**

Schedule a writing consultant-led peer review workshop. In this workshop, your students can come to the TAAC and conduct peer reviews of each other's work with a writing consultant present to facilitate the peer review and help students as needed.

**Note:** All workshops and descriptions have been developed by Anne Devine, the TAAC Lead Academic Coach, and Jamey Keeton, the TAAC Lead Writing Consultant.