



April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p>  <p>American Heart Walk/Run Raffle Table 11:30 am – 1:00 pm Brighton Terrace</p>	<p>2</p> <p>American Heart Walk/Run Raffle Table 11:30 am – 1:00 pm Brighton Terrace</p>	<p>3</p> <p>American Heart Walk/Run Raffle Table 11:30 am – 1:00 pm Brighton Terrace</p> <p>Paper or Plastic-Avoiding Debt Disasters 2:00 pm – 3:00 pm & Don't Live For Your Student Loans 3:00 pm – 4:00 pm BC, Room 3-116</p>	<p>4</p> <p>American Heart Walk/Run Raffle Table 11:30 am – 1:00 pm Brighton Terrace</p>	<p>5</p> <p>American Heart Walk/Run Raffle Table 11:30 am – 1:00 pm Brighton Terrace</p>	<p>6</p> <p>AHA Heart Walk and Run 9:00 am Frontier Field</p>
<p>7</p> 	<p>8</p>	<p>9</p>	<p>10</p> 	<p>11</p>	<p>12</p>	<p>13</p>
<p>14</p> 	<p>15</p> <p>Spring Recess</p>	<p>16</p> <p>Spring Recess</p>	<p>17</p> <p>Spring Recess</p>	<p>18</p> <p>Spring Recess</p>	<p>19</p> <p>Spring Recess</p>	<p>20</p>
<p>21</p> 	<p>22</p> <p>Classes Resume</p>	<p>23</p> <p>Identity Theft Program Noon – 1pm & 1:00 pm – 2:00 pm Empire Room</p> <p>LinkedIn Career Development Noon – 1:00 pm DC, Room 311D</p>	<p>24</p>	<p>25</p> <p>LinkedIn Career Development 9:00 am – 10:00 am BC, Empire Room</p>	<p>26</p>	<p>27</p>
<p>28</p> 	<p>29</p>	<p>30</p>	<p>Join the Wellness Council's Facebook Page: www.facebook.com/groups/MCCWellnessCouncil</p> <p>Email us at: MCCWellness@monroecc.edu</p>			