

Health Services Presents:  
Healthy Topics for Everyday Living

# February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6 <b>Highland Family Planning</b> Learn about birth control, safer sex and relationships	7	8 <b>SNAP</b> Prescreening and applications for Food Assistance	9	10
11	12 <b>Jordan Health</b> Learn about HIV prevention and education	13 <b>Epilepsy-PRALID</b> Learn about seizures and head injuries	14 <b>Highland Family Planning</b> Learn about birth control, safer sex and healthy relationships	15 <b>ROcovery Fitness</b> Learn about a supportive community brought together by sober living	16	17
18	19 <b>WINTER RECESS</b>	20 <b>WINTER RECESS</b>	21 <b>WINTER RECESS</b>	22 <b>WINTER RECESS</b>	23 <b>WINTER RECESS</b>	24
25	26 <b>Recovery Support Navigator</b> Learn about services for addiction treatment and recovery	27	28 <b>SNAP</b> Prescreening and Applications for Food Assistance	<b>Brick Lounge, 12-1pm</b>		