



# Watch for Mindful Menu Solutions...

Look for the  
Well Balanced  
symbol to find your way  
to better nutrition.

*Celebrate American Heritage  
Month!!*

### Hours

Monday - Thursday: 7:30m- 6:00pm  
Friday 7:30m-3:00pm

### Managers

Tom Van Pelt  
292-2513



## MARKET PLACE

Week of Monday September 25

PIZZA: TACO

CALZONE: PEPPERONI LOVER'S

### Monday

- Soup: Old-Fashioned Chicken Noodle Soup  
Spring Pasta Fagioli (Mindful)
- White Bean Chicken Chili (Mindful)
- Breakfast: Mexican Breakfast Bowl
- Grill @: Chicken Caprese Ciabatta Sandwich
- Brighton Deli: Roast Beef & Ricotta Panini
- Brighton Entree: Seared Chicken over Acorn Squash Salad
- Magellan's: Baked Ziti with Sausage

### Tuesday

- Soup: Tomato Garden Vegetable Soup with Pasta
- Turkey Rice Soup (Mindful)
- White Bean Chicken Chili (Mindful)
- Breakfast: Mexican Breakfast Bowl
- Grill @: Chicken Caprese Ciabatta Sandwich
- Brighton Deli: Roast Beef & Ricotta Panini
- Brighton Entree: House Taco Bar
- Magellan's: Chicken Enchilada Casserole

### Wednesday

- Soup: Hearty Beef Vegetable Soup  
Creamy Tomato Basil Soup
- White Bean Chicken Chili (Mindful)
- Breakfast: Mexican Breakfast Bowl
- Grill @: Chicken Caprese Ciabatta Sandwich
- Brighton Deli: Roast Beef & Ricotta Panini
- Brighton Entree: Chicken Cacciatore Quarters
- Magellan's: House Taco Bar

### Thursday

- Soup: Turkey Pot Pie Soup  
Creamy Broccoli Cheddar Soup
- White Bean Chicken Chili (Mindful)
- Breakfast: Mexican Breakfast Bowl
- Grill @: Chicken Caprese Ciabatta Sandwich
- Brighton Deli: Roast Beef & Ricotta Panini
- Brighton Entree: Artichoke, Spinach Tomato Casserole
- Magellan's: Salisbury Steak Plate

### Friday

- Soup: Gulf Shrimp & Corn Chowder  
White Bean Chicken Chili (Mindful)
- Grill @: Mexican Breakfast Bowl
- Brighton Entree: Beer Battered Haddock Plate
- Magellan's Entree: Beer Battered Haddock Plate