

Your Support Staff
Planning Council

presents:



**WHAT EVERYONE SHOULD KNOW
TO PROTECT THEMSELVES**

January 10, 2019

Environmental Health & Safety

Brown bag training session

with Sharon Marini, Asst. Director, Public Safety

Brighton Campus—Forum 3-130

12:00 Noon—1:00 PM

- ♦ Chair positioning
- ♦ Computer screen positioning
- ♦ Good posture vs. poor posture
- ♦ Work surface at your fingertips

R.S.V.P. by Wednesday, January 9, 2019 to
mranghelli@monroecc.edu