

Food For Thought Menu

for 4/22/2019 – 5/9/2019

Beverages

Milkshake (Vanilla, Chocolate, or Strawberry)	\$2.99
Coffee & Hot Tea	\$1.49
Soda (by the can), Lemonade, Iced Tea	\$1.49

Soups & Sides

Soup: Small \$2.49, Large \$3.49

Vegetable-Tortilla
Baked Potato

French Fries	\$1.99
Fruit Salad	\$1.99

Salads

Side Garden Salad (can be made vegan and gluten free) \$2.25
Mixed greens, carrots, red onions, red peppers, cucumber and croutons

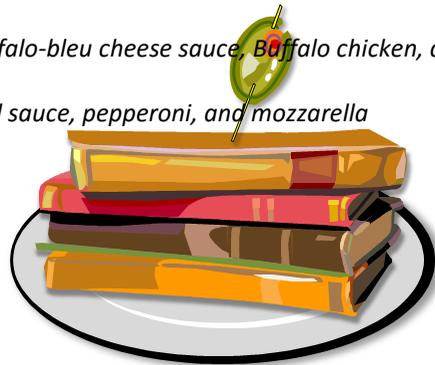
Greek Salad \$5.99
Mixed greens with tomatoes, cucumbers, red peppers, Kalamata olives, pepperoncini, and feta cheese tossed in Greek dressing.

Add a Chicken Breast for \$1.99

Brick-oven Pizza

Buffalo Chicken \$5.49
House-made Buffalo-bleu cheese sauce, Buffalo chicken, and mozzarella

Pepperoni \$5.49
House-made red sauce, pepperoni, and mozzarella



Dressing options: Ranch, Caesar, Balsamic Vinaigrette, Bleu Cheese, or Honey Mustard

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Sandwiches

Breakfast Sandwich \$3.49
Egg, bacon, and cheddar cheese on a soft roll

Gourmet Grilled Cheese Sandwich \$5.49
Provolone, Swiss, roasted red peppers and spinach on panini bread, served with the side of the day and a pickle.

Turkey BLT Panini \$5.99
Roasted turkey, BLT, and garlic aioli on grilled focaccia, served with the side of the day and a pickle.

½ Sandwich and & Cup of Soup or Fries \$5.99
(Grilled Cheese or Turkey BLT)

Black Bean Burger (vegetarian) \$5.99
With lettuce, tomato, onion, salsa, and sour cream on a soft roll, served with the side of the day and a pickle.

Freshly Ground Burger \$5.99
with your choice of cheese (cheddar, Swiss, provolone), lettuce, tomato and onion on a soft roll, served with the side of the day and a pickle. *Add bacon for \$.50.

Buffalo Chicken Wrap \$5.99
Crispy buffalo chicken, romaine lettuce, tomato, red onion and buffalo bleu cheese sauce in a whole wheat wrap, served with the side of the day and a pickle.

Greek Wrap \$5.99
Sliced chicken breast with feta cheese, cucumber, tomatoes, red onion, lettuce and Tzatziki in a whole wheat wrap, served with the side of the day and a pickle.

Entrees

House-made Chicken Fingers \$5.99
With choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Buffalo Sauce

Chicken Parmesan Sandwich \$6.49
Seasoned and fried chicken with house made tomato sauce and mozzarella cheese on a hoagie roll, served with French fries

Chicken French \$6.99
Egg-battered chicken cutlet with a lemon sherry sauce, served over linguine

Add a side of Fries for \$1.99