## The New Normal: A Unique Opportunity for Connection

In this workshop, you will learn ways to identify subtle signs of distress in students. You will learn solution-focused interventions for supporting students in distress as well as resources for all students who may find themselves in need of support.

Covid-19 has changed our way of life. While many of these changes have made us feel farther apart from people, the pandemic itself actually creates some unique opportunities for deep connection. These connections can be especially useful in supporting and fostering relationships with students going through these unprecedented times.

## **Questions?**

Contact Shameka Martinez (smartinez16@monroecc.edu) or Julissa Gonzales (jgonzalez36@monroecc.edu).

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**Date:** Friday, February 26 **Time:** 12noon - 1:00PM

Location: Zoom

