## Healthy Planning Plan

Identify signs of unhealthy power and control in relationships. Develop skills to address a situation in an unhealthy relationship before it turns into violence. Deconstruct misconceptions of abuse. Locate resources to help with relationship issues.

## Tuesday, February 4, 2014

12:00 pm - 1:00 pm / 1:00 pm - 2:00 pm Brighton Campus Warshof Conference Center Empire Room, 3-209

## Wednesday, February 12, 2014

12:00 pm - 1:00 pm / 1:00 pm - 2:00 pm Brighton Campus Warshof Conference Center Empire Room, 3-209

Tuesday, February 25, 2014

6:00 pm - 7:00 pm Brighton Campus Tribune Lobby



FREE pizza!

Sponsored by MCC Student Health Services in collaboration with MCC Tobacco-Free Steering Committee, Counseling, International & Veteran Services (CIVS), Residence Life, Student Services, DCC Student Services, Highland Family Planning (HFP), URMC Center for Community Health (URMC), Department of Public Health Research Sciences (PHRS), and the Monroe County Health Department (MCHD).



