

Is Staying Awake in Class a Challenge?

Presented by URM Center for Community Health

How to catch your Z's and fight fatigue!

Thursday, February 6, 2014

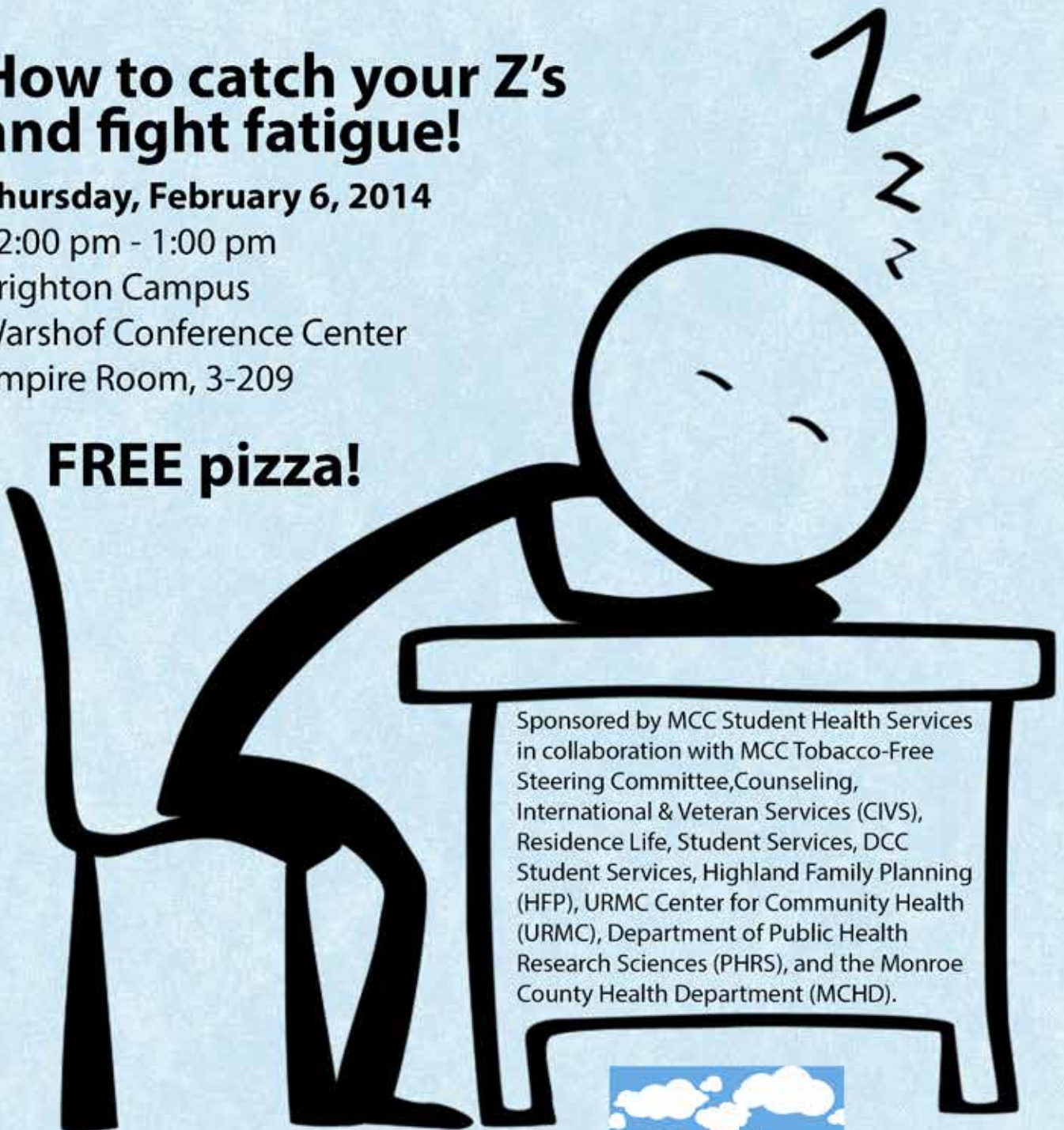
12:00 pm - 1:00 pm

Brighton Campus

Warshof Conference Center

Empire Room, 3-209

FREE pizza!



Sponsored by MCC Student Health Services in collaboration with MCC Tobacco-Free Steering Committee, Counseling, International & Veteran Services (CIVS), Residence Life, Student Services, DCC Student Services, Highland Family Planning (HFP), URM Center for Community Health (URMC), Department of Public Health Research Sciences (PHRS), and the Monroe County Health Department (MCHD).



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