

Spring 2015 Workshops

"Are you Dating a Loser

Or a Winner"

Tuesday, February 10, 2015

12-1pm Bldg 3-115

"Meditation 101"

Wednesday, February 11, 2015

12-1pm Bldg 9-152

"Seeds of Success"

Thursday, February 12, 2015

6-7:30pm Bldg 5-100

"Finding Balance"

Friday, February 27, 2015

12-1pm Empire Room Bldg 3-209

"Building Confidence"

Monday, March 9, 2015

1-2pm Bldg 9-239

"Let's Talk About The Hookup"

Friday, March 20, 2015

12-1pm Empire Room Bldg 3-209

"Learning Styles"

Wednesday, March 25, 2015

11am-12pm Bldg 3-117

"Making Peace With Food/

Body Image"

Monday, April 27, 2015

11am-12pm Empire Room Bldg 3-209

"Staying Healthy During Finals"

Monday, May 4, 2015

12-1pm Bldg 9-186



Monroe Community College

STATE UNIVERSITY OF NEW YORK

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