

## Food For Thought Menu

for 10/31/16 through 11/17/16

<b>Sides a la carte</b>	<b>\$1.99</b>
Macaroni Salad	
French fries	
Macaroni and Cheese	
Green Salad (Dressings – Ranch, Caesar, Balsamic Vinaigrette, Bleu Cheese, or Honey Mustard)	
<b>Desserts</b>	
Chocolate Mousse	<b>\$1.99</b>
Classic Nut Brownie Sundae	<b>\$1.99</b>
Brownie with nuts	<b>\$1.49</b>
Chocolate Chip Cookie Bar Sundae	<b>\$1.99</b>
Chocolate Chip Cookie Bar	<b>\$1.49</b>
<b>Beverages</b>	
Milkshake (Vanilla, Chocolate, or Strawberry)	<b>\$2.99</b>
Coffee & Hot Tea	<b>\$1.49</b>
Soda (by the can)	<b>\$1.49</b>
Lemonade	<b>\$1.49</b>
Iced Tea	<b>\$1.49</b>



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Pasta Fagioli or Spicy Black Bean Soup	Cup \$2.49	Crock \$3.49
½ Sandwich and Cup of Soup or Fries (Classic Grilled Cheese, Grilled Cheese Special, or Turkey BLT)		<b>\$5.49</b>
<b>House-made Chicken Fingers</b>		<b>\$5.99</b>
<i>With choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Spicy Wing Sauce Add Fries for \$1.99</i>		
<b>Freshly Ground Burger</b>		<b>\$5.99</b>
<i>With caramelized onions and bleu cheese Add Fries for \$1.99</i>		
<b>Lentil and Quinoa Veggie Burger (contains cashews)</b>		<b>\$5.69</b>
<i>With lettuce, tomato, onion, and tzatziki</i>		
<b>Gourmet Grilled Cheese Sandwich</b>		<b>\$5.49</b>
<i>with cheddar cheese, bacon, and tomato</i>		
<b>Baked Macaroni and Cheese</b>		<b>\$5.99</b>
<i>Three cheeses, NYS sharp cheddar, Swiss, and provolone in a creamy white sauce</i>		
<b>Greek Salad</b>		<b>\$5.99</b>
<i>Fresh romaine lettuce with tomatoes, cucumbers, peppers, Kalamata olives, pepperoncini, and feta cheese tossed in Greek dressing Add a Chicken Breast for \$1.99</i>		
<b>Brick-Oven Buffalo Chicken Pizza</b>		<b>\$5.49</b>
<i>House-made bleu cheese sauce, Buffalo chicken, and mozzarella</i>		
<b>Brick-Oven Pepperoni Pizza</b>		<b>\$5.49</b>
<i>House-made red sauce, pepperoni, and mozzarella</i>		
<b>Brick-Oven 4-Cheese Pizza</b>		<b>\$5.49</b>
<i>House-made white sauce topped with 4 cheeses</i>		
<b>Shrimp Scampi</b>		<b>\$6.99</b>
<i>Shrimp sautéed in lemon served over linguini</i>		
<b>Turkey BLT Panini</b>		<b>\$5.99</b>
<i>Roasted turkey BLT w/roasted garlic aioli on grilled focaccia</i>		
<b>Breakfast Sandwich</b>		<b>\$3.49</b>
<i>Egg, breakfast sausage or bacon, and cheddar cheese on a soft roll</i>		

The Hospitality Program  
at Monroe Community College welcomes you to

## *Food For Thought*

Our students are available to serve you in this  
instructional laboratory Monday through Thursday from  
11:30 a.m. to 1:15 p.m. during most of the semester.

All food is prepared, cooked, and served daily by  
students in our program.

The faculty, staff, and students thank you for  
your patronage.

Please call 292-FOOD (X3663) for reservations and  
information about Food For Thought operations.

