

Made Available Through:



Blue365

Because health is a big dealSM

healthways fitness your way

January Waived Enrollment

\$25 Enrollment Fee Waived for Access to Network of 9,000+ Gyms Nationwide

Healthways Fitness Your WayTM is a great way to get healthy and feel good on your own terms. A first-of-its-kind fitness program, Healthways Fitness Your Way offers you the flexibility to work out at any network fitness location, on your time and on a budget that you can live with. It's one of the most flexible, affordable and accessible ways to adopt a healthy lifestyle and remain committed to it.

“Great program. It allows members an affordable fitness membership, which they otherwise might not do. Fitness can only benefit one's health longevity.”

Healthways Fitness
Your Way member



Meet your goals

- Stay motivated with social networking, rewards and the Daily Challenge
- Easy online tools to **track exercise goals and activity**, and ask an expert a question



On your time

- Locations include more than **9,000** national and local fitness facilities
- Visit any participating location — anytime, anywhere — as often as you like
- 24/7 access to well-being support, health articles and online health coaching



On your budget

- **Only \$25* a month** per person

* Taxes may apply. Individuals must be 18 years old to purchase a membership. \$25 a month requires a 3-month commitment.

Enroll Today

1. Go to Blue365Deals.com
 - Log in or register
2. Under “Fitness” select “Healthways Fitness Your Way” and click on “Redeem Now”
3. You will be directed to the Healthways Fitness Your Way landing page.
 - ✓ You can search by zip code for participating locations.
 - ✓ You can review the Frequently Asked Questions before enrolling.
 - ✓ You can waive your enrollment fee by entering the code **RESOLUTION2016** at checkout.

You can also enroll on the phone. Call one of our dedicated customer service team members at 1-888-242-2060, Monday through Friday, 8 a.m. – 9 p.m. in all U.S. time zones. Please note that the call center will be closed on Labor Day. They can answer all of your questions and redeem your **RESOLUTION2016** code.

Hurry, this offer is good only through January 31, 2016!

* This offer is brought to you exclusively through **Excellus BlueCross BlueShield** and Blue365 and cannot be redeemed at a fitness facility.

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