

As part of MCC's celebration of Hispanic/Latino Heritage Month, I will be highlighting one of the five countries that proclaimed their independence from Spain. Here is some information about Honduras:

Honduras is located in Central America with Caribbean Sea coastline to the north and the Pacific Ocean to the south.

Shortly after the independence of Spain, Honduras, El Salvador, Costa Rica, Nicaragua and Guatemala formed a federation of Central American States and in 1838 Honduras left the federation.

Geography



Currency: Lempira



As of September 23, 2016, 1 US Dollar is equal to 22.81 Lempira.



Colors of the Honduran flag and their Meaning: The blue stripes are a representation of the Pacific Ocean and the Caribbean Sea. The five stars represent the five nations of the United State of Central America prior to 1838 with the hope that the nations may form a union again.

The white color represents integrity and peace.

Typical foods:



Traditional breakfast:

