WEEK LONG EVENTS

Brick Walls of Violence

Take a moment to tell your story of how you or someone you know has been affected by violence. 8:00 AM - 5:00 PM

Campus Wide Event

Anti-Violence through ART

Students from AAD 260 created pieces of art that visually depict acts of violence in today's world. 8:00 AM - 5:00 PM Atrium

Human Trafficking

Rochester Regional Coalition Against Human Trafficking art exhibit on the impact of human trafficking. 8:00 AM - 5:00 PM Forum 3-130

Shoes of the Victims/13 Stories

Take some time to reflect upon the victims of violence in this unique display of shoes and their stories 8:00 AM - 5:00 PM Terrace

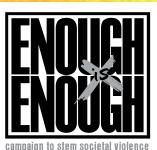
Offensive Clothing Display

Come see a display of real pieces of clothing that were sold in retails stores and on the internet. Are you offended? Tell us your opinion. 8:00 AM - 5:00 PM **Outside GYM Lobby, Bldg. 10**

Rochester Regional Coalition Against Human Trafficking

Tabling on sex trafficking and the impact on our community.

9:00 AM - 5:00 PM Forum 3-130



Monday, April 4

Kick-Off Performance with PUSH

Physical Theater

A physical "dance" about violence. Unparalled performers bring the narratives of our lives to the stage with hope and optimism. 12:00 PM - 1:00 PM Atrium

Meditation

A guided meditation for relaxation. This event will help you learn to reduce stress through meditation practices. 12:00 PM - 1:00 PM 9-152

Workshop: The Danger of a Single Story

Show how stereotyping and a single story can lead to misunderstanding and violence. 2:00 PM - 3:00 PM 3-115

Rochester Regional Coalition Against Human Trafficking "Angels of Mercy"

Presenters Lauren VanCott and MaryJo Colligan. 3:00 PM Forum 3-130

Enough is Enough:

Take a stand to be in the mix!

Pledge walls in the residence halls for students to sign stating they will not participate in sexual violence. Anyone signing will receive a Twix. 8:00 AM - 11:00 PM Pioneer/Alexander/Tribune/Canal Lobbies

Don't be MAD: March Madness with First Year Experience

Come watch the championship game as we debrief about violence in sports. FREE FOOD! 7:00 PM Canal Hall Conference Room

Tuesday, April 5

These Hands Don't Hurt Pledge Come take the Pledge that you will not participate in sexual violence. 12:00 PM - 1:00 PM Main Dining/Brick Lounge/N. Atrium/Bldg. 10

Self Defense Program With Chris Otero

Learn how violence can be stopped and how you can protect yourself in an interactive way. 12:00 PM - 1:00 PM **Main Dining**

Get Active, Not Physical

Faculty, staff and students are welcome to get active and learn ways to positively cope with anxiety and stress! 2:00 PM - 4:00 PM **Gym/Racquet Ball Courts**

Why I stayed and Why I left

Ever wonder why some people stan in an abusive relationship? Here are some true confessions of why people stay and why they leave. 2:00 PM - 4:00 PM **Outside of the Gym**

Campus Violence Pool Tournament With MCC Public Safety

8:00 pm **Tribune Hall** Come and compete in a pool tournament and test your knowledge of different types of violence and community resources.



REAL people • REAL action • REAL change

Wednesday, April 6

"Boost your Ego"

Empowering others through sense of Style, Safety and Self. Students of SHEAR EGO International School of Hair Design will do make-overs FOR FREE, Come get mini manicures, make-up tips and MORE! Don't miss this! 10:00 AM - 3:00 PM Terrace/Atrium

These Hands Don't Hurt Pledge

Come take the Pledge that you will not participate in sexual violence. 12:00 PM - 1:00 PM Main Dining/Brick Lounge/N. Atrium/Bldg. 10

Restore - Where Healing Begins

Rochester based agency will be here to hand out information on domestic violence and how to get help. 12:00 PM - 1:00 PM Atrium

Relationship Violence; Recognizing the Signs A tabling program presentation with Highland

Family Planning. 12:00 PM - 1:00 PM **Brick Lounge**

Pillowcases for PEACE w/Psych Club Create a pillowcase for the women and children that call the Sojourner House home. Words of inspiration, hope and love can change lives. 12:00 PM - 2:00 PM **Brick Lounge**

Great Dates and Plates

Panel discussion about domestic violence and garbage plates. 7:00 PM **Canal Conference Room**



Monroe Community College STATE UNIVERSITY OF NEW YORK

ENCUCH is ENCUCH campaign to stem societal violence April 4 - 8, 2016

Thursday, April 7

"CommUNITY" Beats of PEACE Celebration

Bringing people together around positive and upbeat music is sure to foster a sense of peace and unity on campus. Join us and WMCC The Pulse while we celebrate 50 ways that MCC is a safe place and give thanks to all those who work here! There WILL be cake! 11:30 AM - 1:30 PM Atrium

MCC Smiles Table Smile buttons and magnets to keep MCC positive! 12:00 PM - 1:00 PM **Gilman Lounge**

Restore - Where Healing Begins Rochester based agency will be here to hand out information on domestic violence and how to get help. 12:00 PM - 1:00 PM Atrium

Blue Light Bingo - Win Groceries! Play bingo and learn campus safety tips. 8:00 PM **Tribune Hall**

Friday, April 8

Meditation

A guided meditation for relaxation. This event will help you learn to reduce stress through meditation practices. 12:00 PM - 1:00 PM 9-152

QiGong A guided meditation for relaxation. This event will help you learn to reduce stress through meditation practices. 1:00 PM - 2:00 PM 9-152