

# ENOUGH is ENOUGH campaign to stem societal violence

April 6 - 9, 2015

## WEEK-LONG EXHIBITS

### Brick Walls of Violence

Take a moment to tell your story of how you or someone you know has been affected by violence.

**8:00 am - 5:00 pm**

Main Dining, Terrace, North Atrium, and R. Thomas Flynn Campus Center Atrium

### Violence through ART

Commercial Art II students created a poster series of illustrations to educate people about acts of violence.

**Meet the artists 4/9 from 10am - 11am**

**8:00 am - 5:00 pm**

Bldg. 12 N. Atrium (Near the Mercer Gallery) Bldg. 3 Campus Center Atrium

### Shoes of the Victims/13 Stories

Take some time to reflect upon the victims of violence in this unique display of shoes and their stories.

**8:00 am - 5:00 pm**

Terrace

### Offensive Clothing Display

See a display of real pieces of clothing that were sold in retail stores and on the internet. Are you offended? Tell us your opinion.

**8:00 am - 5:00 pm**

Outside GYM Lobby - Bldg. 10

### These Hands Don't Hurt Pledge

Take the Pledge that you will not participate in violence.

**12:00 pm - 1:00 pm Tues., Wed.**

Main Dining, Brick Lounge, North Atrium, and Building 10

## MONDAY, APRIL 6 Kick-off: We Aren't Gonna Take it, NO!

### Kick-Off Keynote:

**Jess Baker** *The Militant Baker*  
In "Change Your World, Not Your Body": Baker explores the historical evolution behind our current idyllic body type, the stigma surrounding mental illness, and 10 ways that we can individually reframe the way we perceive ourselves and others. She encourages each person to "change your world, not your body," uses empirical data to explore the correlation between weight and health, and discusses the "Health At Every Size" movement.

**Noon**

Monroe A & B  
FREE

### Enough is Enough: Take a stand to be in the mix!

Pledge walls in the residence halls for students to sign. Anyone signing will receive a Twix.

**8:00 pm - 11:00 pm**

All Res Hall Lobbies

### Don't be MAD - March Madness

Come watch the championship game as we debrief about violence in sports.

**7:00 pm**

Canal Hall Conference Room

## TUESDAY, APRIL 7 Boundaries: PROTECT YOURSELF!

### Self Defense with Chris Otero

Learn how violence can be stopped and how you can protect yourself in an interactive way.

**12:00 pm - 1:00 pm**

Main Dining

### Get Active, Not Physical

Fun afternoon of sports with MEN.

Men can empower each other.

Join the fun!

**2:00 pm - 4:00 pm**

Gym/Racquet Ball Courts

### SHOTS, SHOTS, SHOTS!

Play pool and learn about gun violence.

**8:00 pm**

Pioneer Lobby

## WEDNESDAY, APRIL 8 WHAT, WHAT, WHAT would you do???

### "Boost your Ego" Empowering Others Through a Sense of Safety, Style, and Self

Students of SHEAR EGO International School of Hair Design will do make-overs FOR FREE! Get mini manicures, make-up tips and MORE!

**10:00 am - 3:00 pm**

Terrace/Atrium

### Healthy Relationships

Sponsored by Highland Family Planning

**12:00 pm - 1:00 pm**

Brick Lounge

### Meditation

Guided meditation for relaxation.

**12:00 pm**

9-152

### I Hate Pork Chops

Shane Koyczan - *To This Day...From Bullied to Beautiful*

**4:00 pm - 5:00 pm**

Forum

### Don't Sleep on Your Concerns!

Find yourself ignoring concerns or not sure how to approach others about these feelings? Learn tips and tricks to help. You just might save a life.

**6:00 pm**

Canal Conference Room

### Pillowcases for PEACE

Create a pillowcase for the women and children that call the Sojourner House home. Words of inspiration, hope and love can change lives.

**8:00 pm**

Canal Lobby

## THURSDAY, APRIL 9 Day of Peace -School Spirit Day!

### MCC SMILES

MCC Smiles Table - Hand out Smile Buttons and Magnets plus info on EIE.

**12:00 pm - 1:00 pm**

Gilman Lounge

### "CommUNITY" Beats of PEACE Celebration

Bringing people together around positive and upbeat music is sure to foster a sense of peace and unity on campus. Join us and WMCC The Fuse while we celebrate 50 ways that MCC is a safe place and give thanks to all those who work here!

**There WILL be cake!**

**11:30 am - 1:30 pm**

Campus Center Atrium

### Great Dates and Plates

Panel discussion about domestic violence while eating garbage plates.

**7:00 pm**

Canal Conference Room

### GLBTQuiz

Do you know the difference between Gay and Queer? Not sure what an Ally is? Test your diversity knowledge and ask the questions you always wanted to ask in a friendly and safe environment.

**8:00 pm**

Tribune Hall Lobby

*The world is full of nice people.  
If you can't find one -- BE one!*



Monroe Community College  
STATE UNIVERSITY OF NEW YORK



the  
ci·vil·i·ty  
project

REAL people • REAL action • REAL change.

campaign to stem societal violence