

Rochester Alumnae Chapter



# MAY WEEK CELEBRATION

*Inspired Δ Empowered Δ Ignited*

## May 11<sup>th</sup> Physical & Mental Health

### *Move with the Deltas*

Bring a towel and a bottle of water...it's time to sweat!

Conditioning 101 **9am** | Music & Movement **10am** Line Dancing **11am** | Zumba **12pm**

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In partnership with MCC's Health and Physical Education Department

**PAC Center at MCC**


Bldg 10 Parking available in LOT G  
9:00 a.m. – 1:00 p.m.



**THIS EVENT IS FREE AND OPEN TO THE PUBLIC**

Each activity of the May Week Celebration supports the sorority's Five-Point Programmatic Thrust.

For more information

Like Us on  | Email: [dst.rac.cs@gmail.com](mailto:dst.rac.cs@gmail.com) | Delta Line: 585-234-2200