

Food For Thought Menu

for 3/27/17 – 4/13/17

Sides	a la carte	\$1.99
	Macaroni Salad	
	French fries	
	Macaroni and Cheese	
	Green Salad - <i>Add a Chicken Breast for \$1.99</i>	
	(Dressings – Ranch, Caesar, Balsamic Vinaigrette, Bleu Cheese, or Honey Mustard)	
Desserts		
	Carrot Cake with nuts	\$2.49
	Chocolate Mousse	\$1.99
	Classic Brownie Sundae	\$1.99
	Brownie	\$1.49
	Chocolate Chip Cookie Bar Sundae	\$1.99
	Chocolate Chip Cookie Bar	\$1.49
Beverages		
	Milkshake (Vanilla, Chocolate, or Strawberry)	\$2.99
	Coffee & Hot Tea	\$1.49
	Soda (by the can)	\$1.49
	Lemonade	\$1.49
	Iced Tea	\$1.49



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Pasta Fagioli	or	Spicy Black Bean Soup	Cup \$2.49	Crock \$3.49
½ Sandwich and Cup of Soup or Fries (Classic Grilled Cheese, Grilled Cheese Special, or Turkey BLT)			\$5.99	
House-made Chicken Fingers			\$5.99	
<i>With choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Spicy Wing Sauce</i>				
<i>Add Fries for \$1.99</i>				
Freshly Ground Burger			\$5.99	
<i>With caramelized onions and bleu cheese</i>				
<i>Add Fries for \$1.99</i>				
Lentil and Quinoa Veggie Burger (contains cashews)			\$5.69	
<i>With lettuce, tomato, onion, and tzatziki</i>				
Gourmet Grilled Cheese Sandwich			\$5.49	
<i>with cheddar cheese, bacon, and tomato</i>				
Baked Macaroni and Cheese			\$5.99	
<i>Three cheeses, NYS sharp cheddar, Swiss, and provolone in a creamy white sauce</i>				
Greek Salad			\$5.99	
<i>Fresh romaine lettuce with tomatoes, cucumbers, peppers, Kalamata olives, pepperoncini, and feta cheese tossed in Greek dressing</i>				
<i>Add a Chicken Breast for \$1.99</i>				
Brick-Oven Buffalo Chicken Pizza			\$5.49	
<i>Bleu cheese sauce, Buffalo chicken, and mozzarella</i>				
Brick-Oven Pepperoni Pizza			\$5.49	
<i>House-made red sauce, pepperoni, and mozzarella</i>				
Brick-Oven 4-Cheese Pizza			\$5.49	
<i>House-made white sauce topped with 4 cheeses</i>				
Shrimp Scampi			\$6.99	
<i>Shrimp sautéed in lemon served over linguini</i>				
Turkey BLT Panini			\$5.99	
<i>Roasted turkey BLT w/roasted garlic aioli on grilled focaccia</i>				
Breakfast Sandwich			\$3.49	
<i>Egg, bacon, and cheddar cheese on a soft roll</i>				

The Hospitality Program
at Monroe Community College welcomes you to

Food For Thought

Our students are available to serve you in this
instructional laboratory Monday through Thursday from
11:30 a.m. to 1:15 p.m. during most of the semester.

All food is prepared, cooked, and served daily by
students in our program.

The faculty, staff, and students thank you for
your patronage.

Please call 292-FOOD (X3663) for reservations and
information about Food For Thought operations.

