

Rochester Curling Club

5 71 Deep Rock Road **5** Rochester, NY 14624 **5** (585) 235-8246 **5**

Join us, and try throwing "rocks" at ice "houses"!

MCC Curling Bash 3.0

Saturday, December 8th 2012, 6:15 - 8:30 p.m.

\$20/adult (18+) and \$15/youth (11-17)

Price Includes: Instructions, Equipment & Curling

Deadline for Signup is Monday, December 3rd

Cash Bar Also Available

Contact Jennifer Hill at 292.2393 or jhill3@monroecc.edu

What should we wear?? The air is ~38° F on the ice, so you should dress warmly! We suggest wicking fabric & removable layers such as: turtleneck, fleece or sweatshirt, flexible athletic pants, thin gloves AND a hat. Jeans can restrict your movement, and can be cold. Men's and Women's locker rooms are available for changing.

PLEASE carry a pair of "clean", flexible, relatively flat soled shoes (sneakers) into the building for use while curling, as the parking lot can be snowy. This will help keep the ice as dirt free as possible, and allow the curling stones to slide freely.

All participants are required to sign an Adult Participant Release form prior to going onto the ice. For children less than 18, a parent or legal guardian must also sign their Minor Participant Release form Please bring these forms with you.