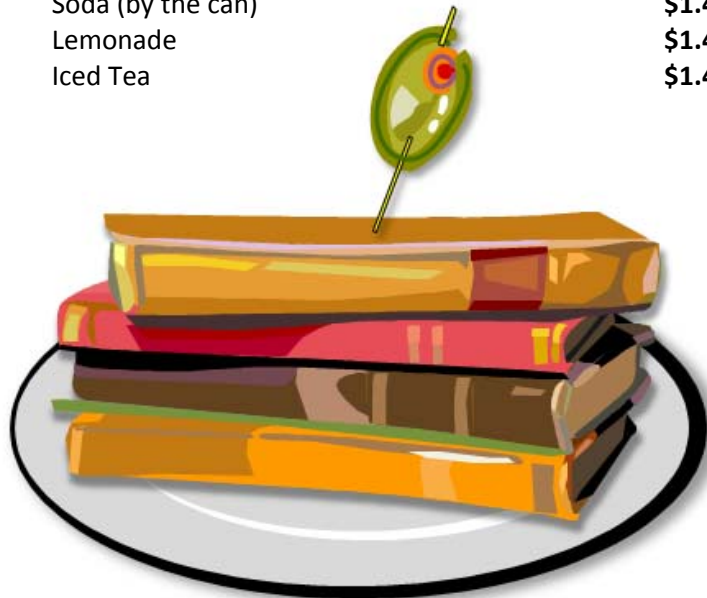


Food For Thought Menu *for 11/2/15 through 11/20/15*

Sides	a la carte	\$1.99
	Macaroni Salad	
	French fries	
	Macaroni and Cheese	
	Green Salad (Dressings – Ranch, Caesar, Balsamic Vinaigrette, Bleu Cheese, or Honey Mustard)	
Desserts		
	Chocolate Mousse	\$1.99
	Classic Nut Brownie Sundae	\$1.99
	Brownie with nuts	\$1.49
	Coconut Chocolate Chip Cookie Bar Sundae	\$1.99
	Coconut Chocolate Chip Cookie Bar	\$1.49
Beverages		
	Milkshake (Vanilla, Chocolate, or Strawberry)	\$2.49
	Mocktail (by the glass)	\$1.99
	Coffee & Hot Tea	\$1.49
	Soda (by the can)	\$1.49
	Lemonade	\$1.49
	Iced Tea	\$1.49



Food For Thought Menu

for 11/2/15 through 11/20/15

From Scratch Soup	Cup \$2.49	Crock \$3.49
Pasta Fagioli	or	Creamy Pumpkin Soup
Cup of Soup and ½ Sandwich (Classic Grilled Cheese, Grilled Cheese Special, or Turkey BLT)		\$5.49
House-made Chicken Fingers <i>With choice of sauce: Honey Mustard, BBQ, Bleu Cheese or Spicy Wing Sauce. Add Fries for \$1.99</i>		\$5.99
Freshly Ground Burger <i>With caramelized onions and bleu cheese Add Fries for \$1.99</i>		\$5.99
Lentil and Quinoa Veggie Burger (contains cashews) <i>With lettuce, tomato, onion, and tzatziki</i>		\$5.69
Gourmet Grilled Cheese Sandwich <i>with cheddar cheese, bacon, and tomato</i>		\$5.49
Baked Macaroni and Cheese <i>Three cheeses, NYS sharp cheddar, Swiss, and provolone in a creamy white sauce</i>		\$5.99
Greek Salad <i>Fresh romaine lettuce with tomatoes, cucumbers, peppers, Kalamata olives, pepperoncini, and feta cheese tossed in Greek dressing</i> <i>Add a Chicken Breast for \$1.99</i>		\$5.99
Brick-oven Buffalo Chicken Pizza <i>House-made bleu cheese sauce, Buffalo chicken, and mozzarella</i>		\$5.49
Brick-Oven Pepperoni Pizza <i>House-made red sauce, pepperoni, and mozzarella</i>		\$5.49
Chicken Piccata <i>Breaded Chicken Cutlet with lemon, capers, and white wine served over linguini</i>		\$6.99
Turkey BLT Panini <i>Roasted turkey BLT w/roasted garlic aioli on grilled focaccia</i>		\$5.99
Breakfast Sandwich (Take-Out Only) <i>Egg, breakfast sausage, and cheddar cheese on a soft roll</i>		\$3.49

The Hospitality Program
at Monroe Community College welcomes you to

Food For Thought

Our students are available to serve you in this
instructional laboratory Monday through Thursday from
11:30 a.m. to 1:15 p.m. during most of the semester.

All food is prepared, cooked, and served daily by
students in our program.

The faculty, staff, and students thank you for
your patronage.

Please call 292-FOOD (X3663) for reservations and
information about Food For Thought operations.

