

Food For Thought Menu *for 11/23/15 – 12/10/15*

Sides:	a la carte	\$1.99
	Coleslaw	
	French Fries	
	Green Salad -	
	Add Tuna for \$1.49 / Add a Chicken Breast for \$1.99	
	(Dressings – Ranch, Caesar, Balsamic	
	Vinaigrette, Bleu Cheese, or Honey Mustard)	
Desserts:		
	Baked Flan	\$1.99
	Classic Nut Brownie Sundae	\$1.99
	Brownie with nuts	\$1.49
	Coconut Chocolate Chip Cookie Bar Sundae	\$1.99
	Coconut Chocolate Chip Cookie Bar	\$1.49
Beverages		
	Milkshake (Vanilla, Chocolate, or Strawberry)	\$2.49
	Mocktail (by the glass)	\$1.99
	Coffee & Hot Tea	\$1.49
	Soda (by the can)	\$1.49
	Lemonade	\$1.49
	Iced Tea	\$1.49



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From Scratch Soups:	Cup \$2.49	Crock \$3.49
Baked French Onion	or	Vegetarian Lentil
Cup of Soup and ½ Sandwich		\$5.49
(Grilled Cheese, Tuna Melt, or Turkey BLT)		
House-made Chicken Fingers		\$5.99
With choice of sauce: Honey Mustard, BBQ, Bleu Cheese		
or Spicy Wing Sauce.	Add Fries for \$1.99	
Freshly Ground Memphis Burger		\$5.99
With cheddar cheese, coleslaw, BBQ sauce	Add Fries for \$1.99	
Lentil and Quinoa Veggie Burger (contains cashews)		\$5.69
With lettuce, tomato, onion, and tzatziki		
Tuna Melt Sandwich		\$5.49
Tuna fish with cheddar cheese on house-made focaccia bread		
Shrimp Scampi		\$6.99
Shrimp sautéed in lemon served over linguini		
Cobb Salad		\$5.99
Grilled chicken breast, hard-boiled egg, bleu cheese chopped		
tomato, bacon, & avocado on a bed of house greens		
Brick-oven Greek Pizza		\$5.49
House-made white sauce w/feta, olives, tomatoes, red onions,		
and mozzarella		
Brick-oven Pepperoni Pizza		\$5.49
House-made red sauce, pepperoni, and mozzarella		
Chicken French		\$6.99
Egg-battered chicken cutlet with a lemon sherry sauce served		
over sautéed escarole		
Turkey BLT Panini		\$5.99
Roasted turkey BLT w/roasted garlic aioli on grilled focaccia		
Breakfast Sandwich (Take-Out Only)		\$3.49
Egg, breakfast sausage, and cheddar cheese on a soft roll		

The Hospitality Program
at Monroe Community College welcomes you to

Food For Thought

Our students are available to serve you in this
instructional laboratory Monday through Thursday from
11:30 a.m. to 1:15 p.m. during most of the semester.

All food is prepared, cooked, and served daily by
students in our program.

The faculty, staff, and students thank you for
your patronage.

Please call 292-FOOD (X3663) for reservations and
information about Food For Thought operations.

