

The 2015 Alice H. Young Power of Diversity Series presents...

Wellness & Identity Development

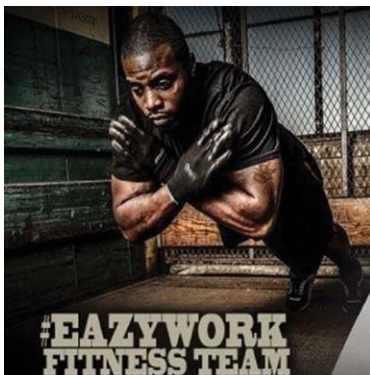
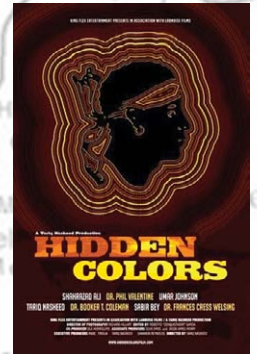
An Inspiring Weeklong series on the Journey of Self-Discovery

10/5/15 & 10/7/15 “Hidden Colors I” Viewing & Discussion

The Untold History of People of Aboriginal, Moor & African Descent

Damon Campus | 10/5/15 | 10:30 AM - 12:00 PM | The Community Room

Brighton Campus | 10/7/15 | 2:30 PM - 4:00 PM | Monroe B (Campus Center)



Lee “Lucky” Davis, Speaker

CEO & Founder of EazyWork Fitness

10/7/15 “Health is Wealth, Movement is Medicine”

EazyWork Fitness – “The Indigenous Movement System”

Damon Campus | 9:00 AM - 10:20 AM | 4th Floor Lounge

Brighton Campus | 12:00 PM - 1:00 PM | Monroe B
(R. Thomas Flynn Campus Center)



10/11/15 “An Evening w/ Brother Kaba”

Frederick Douglass Resource Center

36 King Street, Rochester, NY 14608

6:00 PM - 7:00 PM

Kaba H. Kamene, Keynote

(a.k.a. Booker T. Coleman)

Professor, SUNY New Paltz

Co-Star of “Hidden Colors”



10/12/15 “Self-Knowledge—Know Thyself”

The Role of Cultural Identity in African Cosmology

Damon Campus | 9:00 AM - 10:20 AM | 5th Floor Atrium

Brighton Campus | 12:00 PM - 1:00 PM | Monroe B
(R. Thomas Flynn Campus Center)

**BRIGHTON EVENTS ARE FREE TO THE PUBLIC
PARKING IS AVAILABLE IN LOTS M & M1**

Sponsored by MCC Diversity Council and
the Office of Student Life & Leadership