



Damon Campus Schedule of Events

**8:00 AM to
8:50 AM**

REGISTRATION AND CONTINENTAL BREAKFAST

Please stop by to register your guest and pick up a "goody-bag".

**Room:
4013**

All ages

Presented By:

American Association for Women in Community Colleges

**8:00 AM to
4:00 PM**

"Eat Well, Live Well" Pedometer Race!

It is important for people of all ages to eat healthy and get enough exercise in their day. One way to measure your activity is to wear a Pedometer that counts how many steps you take. A goal to strive for is to get 10,000 steps a day. How many steps do you take in a day? Every activity counts! You will be given a pedometer at registration. Put it on and see what total you can get! There will be a prize for the most number of steps

**Room:
4013**

Ages 8 to 18

Presented By:

The Association of Women in Community Colleges

Lost? Need Help? Information is available at the Student Services Center, 5th floor throughout the day

8:00 AM to 4:00 PM Room: 4013	Raffle Prizes, Raffle Prizes and More Raffle Prizes <p>Courtesy of LiDestri Foods, guests who Pre-Registered were automatically entered to win 2 Best Buy gift cards!</p> <p>We will give these raffle prizes away at the end of the day.</p> <p><i>Presented By:</i> LiDestri Foods - Thank You!</p>
9:00 AM to 9:50 AM Room: 4013 Ages 8 to 11	Staying active, and learning about MCC <p>The children will be able to participate in an interactive obstacle course including hula hoops, steppers, relay races and other fun activities. They will also be provided with a tour of the campus and will work together to see how many steps the group will have taken during the tour.</p> <p><i>Presented By:</i> Rick Sadwick and Greg Wilson, DCC Campus Center</p>
9:00 AM to 9:50 AM Room: 5126 Ages 12 to 18	A Day in the Life of an Educator <p>Learn about what it is like to be on the other side of the desk. Have fun and learn about the teaching profession with the students and faculty of the MCC Department of Education.</p> <p><i>Presented By:</i> Students and Faculty of the Department of Education</p>
10:00 AM to 10:50 AM Room: 5126 Ages 15 to 18	Making the Most of Your Personal Time <p>Personal time management and prioritizing for high school participants. Participants will be introduced to several time management concepts. You will complete hands on exercises to explore your current time management behaviors. You will also do hands on exercises to begin implementing improved time management behaviors.</p> <p><i>Presented By:</i> Carmelita Brown-Wallace, Upward Bound and Alice Gray, Education Department</p>
10:00 AM to 10:50 AM Room: Career and Transfer Center Ages 8 to 11	Career Expo <p>Have fun participating in activities that will help you explore your future career options. Will it be indoors or outdoors? Will you work in and office or out of your home? Come join us in exploring the possibilities!"</p> <p><i>Presented By:</i> Ivan Matthew and Michael Johnson, DCC Student Services</p>

Lost? Need Help? Information is available at the Student Services Center, 5th floor throughout the day

11:00 AM to 11:50 AM Room: 5140 Ages 12 to 15	How to change the world by squashing stereotypes. <p>This program looks at gender-based stereotypes particularly with relation to math, science and technology. Students will create individual drawings to represent dominant stereotypes of boys and girls. Following a group discussion on how these stereotypes can be limiting for all, the group will make a poster to represent a new vision of what boys and girls can do.</p> <p><i>Presented By:</i> Donna Augustine, Science & Technology Entry Program (STEP)</p>
11:00 AM to 11:50 AM Room: 5126 Ages 8 to 11	The 3 R's <p>Learn how you can make a difference everyday by remembering three simple words: Reduce, Reuse and Recycle. Participants will also learn about the 3 R's of the Damon City Campus: Respect, Responsibility and Reality.</p> <p><i>Presented By:</i> Shawndre Crews, EOP Program</p>
12:00 PM to 12:45 PM Room: 4013	Lunch <p>Lunch will be free for children and at cost for the parent/guardian. The menu will include sandwiches, sides, drinks and desserts.</p> <p><i>Presented By:</i> Sponsored by DCC Campus Center</p>
12:45 PM to 12:50 PM Room:	Group Photo <p>We would like to capture the faces of all the attendees for this year's event at Damon City Campus! Come and be a part of the group photo! We will also be drawing a pre-registrants name to win a raffle prize!</p> <p><i>Presented By:</i> American Association of Women in Community Colleges</p>
1:00 PM to 1:50 PM Room: 5100 Ages 12 to 18	Fighting Crime and Studying It: Careers in Criminal Justice and Criminology <p>Joe (a retired police officer and current faculty member) and Christine (a criminologist and current faculty member) will give an overview of their occupations and others.</p> <p><i>Presented By:</i> Christine Plumeri, Sociology and Joe Sturnick, Law and Criminal Justice</p>

Lost? Need Help? Information is available at the Student Services Center, 5th floor throughout the day

1:00 PM to 1:50 PM Room: Bio lab 4-118 Ages 8 to 11	A Healthy Body is Important for a Better World, So Take Care of It! <p>Come and learn about what makes up your body and about some things that might help to make it healthier. Listen to your heart beat, find out how full of hot air you are, take apart and put together a model of the human body and explore other aspects of the human body. There will also be some activities related to other biological organisms.</p> <p><i>Presented By:</i> Rich Stevens and Maryann Marino, Biology</p>
1:00 PM to 1:50 PM Room: Life Span Center in the Sibley Building Ages 8 to 18	Giving Back to Your Community <p>Children ages 8-11 will get the opportunity to hear about the importance and fun ways that they can give back to the communities around them. In this interactive service project children will create, serve and enjoy ice cream sundaes with the seniors from Life Span. Children will also leave with knowledge and tips of how to give back in their own community.</p> <p><i>Presented By:</i> Beatriz LeBron and Vilma Morrow, DCC Student Services and Life Span Center</p>
2:00 PM to 2:50 PM Room: 4013 Ages 12 to 18	Money Talks <p>What are the things you want now and in your future? This hands on workshop will help you explore how money plays a role helping you reach your future education and employment goals.</p> <p><i>Presented By:</i> Teresa Miller and Kathy Baxter, DCC Student Services</p>
2:00 PM to 2:50 PM Room: DCC Bookstore	Make Your Voice Heard <p>Learn how to stand up, speak out and make your voice heard. In this interactive workshop participants will work together to write a letter to a local official expressing their concerns and sharing their wishes for a better world.</p> <p><i>Presented By:</i> Chen Blaakman, DCC Bookstore</p>
3:00 PM to 3:40 PM Room: 4013 Ages 12 to 18	Sustainability... Planting the Seed <p>We will explore what sustainability is and how we can contribute to the concept of sustainability in our daily lives. We will also plant seeds of our own to take home and watch grow!</p> <p><i>Presented By:</i> Julie White and Corinne Mulhall, DCC Student Services</p>

Lost? Need Help? Information is available at the Student Services Center, 5th floor throughout the day

3:00 PM to 3:40 PM Room:	Choices Collage (Craft Activity) <p>Students will be encouraged to think about what they like to do, and what they might like to do in the future, including future education, careers, hobbies, travel, technology, or involvement in world issues or social causes.</p> <p>Using pictures and words, students will create a collage that represents them and their interests, dreams, goals, and future choices toward making a better world.</p> <p>Students will have opportunity to discuss, share or talk about their ideas or creations with the group if they choose.</p> <p><i>Presented By:</i> Lisa Bierre and Marcus Watts, DCC Student Services</p>
3:45 PM to 4:00 PM Room: 4013 Ages 8 to 18	"Eat Well, Live Well" Pedometer Race Drawing <p>Come with your Pedometer and we will see who has traveled the campus the most during the day. The biggest Number wins!</p> <p><i>Presented By:</i> MCC Chapter of American Association of Women in Community Colleges</p>
3:45 PM to 4:00 PM Room: 4013 Ages 8 to 18	Raffle Prize Drawing <p>We will have the drawing for all guests who Pre-Registered to attend.</p> <p><i>Presented By:</i> Association of Women in Community Colleges</p>