**VIDEO - PRE-PREGNANCY**

Welcome to our page on pregnancy and pre-pregnancy topics. Our guests are from the Golisano Children's Hospital at Strong (GCHS) and all have given freely  of their time to bring this information to you.  Good luck with your pregnancy!!

***Preconception*** - [**Click here**](http://www.292baby.org/vod.htm?PreconceptionGillis) to join Dr. Shaun Gillis, (Ob/Gyn at GCHS) as she discusses a variety of topics on the importance of planning for pregnancy. Topics include: proper nutrition, pre-natal vitamins, folic acid, exercise, sexual intercourse, abusive relationships, seat belts and creating a support system. Time - 30 minutes.

***Preparing for Pregnancy*** - [**Click here**](http://www.292baby.org/vod.htm?PreparepregnancyBliss)to join Dr. Joe Bliss (MD. PhD. Neonatology Fellow at the GCHS) and his 4-week old son, Daniel. Focus is on the months before pregnancy through eight weeks after. Topics include: helping yourself to conceive, baby's early nervous system, brain development in pregnancy, avoidance of Spinal Bifida, over the counter remedies. See pictures at 4 weeks, 7 weeks and 8 weeks after conception. Time 27 minutes.

[***Preparing for a newborn - Click here***](http://www.292baby.org/vod.htm?PreparingforNewBabyNeil) ***-*** to join Dr. Neil Herendeen, Director of the pediatric practice at GCHS, as he discusses parents' expectations of being pregnant, dealing with the reality of birth and the questions that reality raises for most parents.  Parents call in with questions. Time 28 minutes.

**Pregnancy**

**These videos will be of interest to anyone who is pregnant.**

[**Click here**](http://www.292baby.org/vod.htm?PrenatalclassesNancyMilsch) - ***Pre-Natal Classes*** - join Nancy Miltsch, a registered nurse and Certified Child Birth Educator for Via Health as she discusses what to expect in Pre-Natal Classes. Time 30 minutes.

[**Click here**](http://www.292baby.org/vod.htm?prenatalvisit) - ***Pre-natal Visits and Choosing a Pediatrician*** - join pediatrician, Dr. Eric Ingerowski from the Panarama Pediatric Group for a discussion on meeting your baby's pediatrician before the baby is born and its many advantages.  In this conversation learn what is important to consider when picking a pediatrician and what that doctor should know to serve you and your baby best. Also included are the three types of visits, the advantages and disadvantages of each and what information the doctor will cover in these visits. Time 27 minutes.

[**Click here**](http://www.292baby.org/vod.htm?PreparingforNewBabyNeil) ***- Preparing for Newborn -*** join Dr. Neil Herendeen, Director of the pediatric practice at GCHS, as he discusses parents' expectations of being pregnant, dealing with the reality of birth and the questions that reality raises for most parents.  Parents call in with questions. Time 28 minutes.

[**Click here**](http://www.292baby.org/vod.htm?Preg6thsensePatrickHopkins) - ***Infant's Senses*** - Join Patrick Hopkins, pediatric nurse practitioner at GCHS, as he discusses your baby's five senses (Hearing, vision, touch, taste and smell) and what's working while baby is still inside of mother as well as what they are experiencing shortly after birth. Time - 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?TwinsMyra) -***Twins*** - to join Myra Henry, mom of two-year old twins, and her good friend, Anna Maria Hubbard, who is pregnant and expecting twins in five weeks. Hear their stories and their advise as this wonderful "surprise" unfolded for them. Time 28 minutes.

[**Click here**](http://www.292baby.org/vod.htm?GrandparentsRaisingGrandchildrenOraMae) - ***Grandparents raising Grandchildren*** - In this video Oramae Wiliams tells her story of this challenging yet rewarding experience. Time - 25 minutes.

**Videos - Birth to three months**

[**Click here**](http://www.292baby.org/vod.htm?newbornSemaHart.dv.temp) - ***Newborn Issues*** - Pediatrician, Dr. Sema Hart, explores a variety of topics including breathing, care for circumcision, vision, diapers, swaddling, fingernails, pacifiers and a host of other concerns common to new parents. Includes a number of videos showing infants. Time 40 minutes.

[**Click here**](http://www.292baby.org/vod.htm?newbornSkinCare) - ***Skin Care of Infants*** - join Dr. Melissa Novak, a pediatrician with Panarama Pediatrics, discussing all aspects of infant skin care with a number of pictures showing the various conditions. Time 25 minutes

[**Click here**](http://www.292baby.org/vod.htm?onemonthold1stWellbBabyvisit) - ***1st Well-Baby Visit*** - New mom, Myra Henry, and her 9-week old son, Jordan, are visited at home by Dr. Neil Herendeen for Jordan's 1st well baby visit. Dr. Herendeen, director of the pediatric practice at GCHS, shows what pediatricians look for during this first, important visit. This video will help parents prepare their questions for their first well-baby visit.  Time 24 minutes.

[**Click here**](http://www.292baby.org/vod.htm?OnemontholdCryingColicMelissa) - ***Crying vs. Colic*** - Dr. Melissa Novak, a pediatrician with Panarama Pediatrics, joins fellow pediatrician, Dr. Mike Flynn from GCHS who has his 9-week old daughter, Jessica with him. Normal crying vs colic is discussed along with strategies parents can use for both. Time 24 minutes.

[**Click here**](http://www.292baby.org/vod.htm?newbornOTCDiaperRashLynnDykstra) - ***Infant Diaper Rash - Over the Counter Remedies*** - Dr. Lynn Dykstra, GCHS, shares strategies for treating and preventing diaper rash using available over-the-counter remedies, a topic of interest to all new parents. Time 27 minutes.

[**Click here**](http://www.292baby.org/vod.htm?newbornNewDadAmari) - ***New Fatherhood*** - New dad, Bill Taylor, tells his touching story of how his 9-week old daughter, Amari, has completely transformed his life in very positive ways. Amari makes her television debut! Time 22 minutes.

[**Click here**](http://www.292baby.org/vod.htm?Immunizationswithoutpain) - ***Pain Free Immunizations*** - Registered nurse, Lori Chiapperi, from GCHS shares tips on making immunizations with your young children as emotionally and physically painless as possible. Lori's young daughter, Natalie, is a special guest. Time 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?BabyVisionGaryMarkowitz) - ***Infant Eye Care*** - Dr. Gary Markowitz, pediatric opthalmogist at Rochester Eye Associates, shares important information about your infant's eyes and what to look for and gives tips for keeping them healthy. Time 25 minutes.

[**Click here**](http://www.292baby.org/vod.htm?newborncommunicationGarfunkel) - ***Newborn Communication*** - Dr. Lynn Garfunkel from Rochester General Pediatrics Association joins new mom, Myra Henry, and her 6-week old son, Jordan, as they explore all the facets of how a newborn begins to immediately communicate. Time 28 minutes.

[**Click here**](http://www.292baby.org/vod.htm?TwoMonthOldBrainDevelopmentTomAlbushies) - ***Two-Month Old Brain Development*** - Dr. Tom Albushies, GCHS, discusses the brain development of a 2-month old and what parents should know about stimulating growth. All the senses are discussed. Time 28 minutes.

[**Click here**](http://www.292baby.org/vod.htm?OnemonthOverallIntroductionSyron) - ***Introduction to the 1-Month Old*** -  Chris Tryon, Certified Life Specialist joins RN, Ann Syrett, both from GCHS, and Ann's 4-week old, Maggie. The discussion includes vision, hearing and social and motor development. Exercises are shown that help develop your child. Time 27 minutes.

[**Click here**](http://www.292baby.org/vod.htm?InfantSafetyJudyBraiman) - ***Toy Safety for Infants*** - join Ms. Judy Braiman, President, Empire State Consumer Association, as she discusses toy safety for young children.  A must-see before holiday shopping, topics range from cribs to infant toys are covered. Resources are shown. Time - 50 minutes.

**Video - Three to six months**

[**Click here**](http://www.292baby.org/vod.htm?FourMonthOldGoingToSolidFood) - ***Going to Solid Foods*** - To help you make the decision of when to go to solid foods, pediatricians Jeannette Flynn and David Sullo explore the issue in depth.  Dr. Flynn's 4-month old daughter, Jessica, joins them and eats her very first solid food on this show.  If you are up in the air on the issue, this informative discussion is for you. Time 27 minutes.

[**Click here**](http://www.292baby.org/vod.htm?FourMonthOldIntroductionCarolOsborne) - ***Introduction to the Four Month Old*** - Join early childhood specialist Carol Osborne as she introduces the viewer to the many layers of the four month old. Time 24 minutes.

[**Click here**](http://www.292baby.org/vod.htm?FourMontholdsExpressionMichellePrinceKatieCallery) - ***How 4-Month Olds Express Themselves*** - Early childhood professional Michelle Prince and new mom, Katie Callery discus the fascinating world of how 4-month olds express themselves. Katie's 4-month old son, Liam,  joins them in celebrating the joy of interacting with an infant. Time 24 minutes.

[**Click here**](http://www.292baby.org/vod.htm?SixMonthOldsSleepPatternsSavitaFiorenza) - ***Sleep Patterns for the 6-Month Old*** -  Pediatricians Shalini Forbis and Monica Fiorenza explore this topic in depth. Dr. Forbis' 8-month daughter, Savita, joins the conversation. Time 26 minutes

[**Click here**](http://www.292baby.org/vod.htm?InfantSafetyJudyBraiman) - ***Toy Safety*** - Judy Braiman, consumer advocate and president of RAMP (Rochester Against Misuse of Pesticides) discusses cribs, toys and a variety of other hazards to infants with which parents and caregivers need to be aware.

[**Click here**](http://www.292baby.org/vod.htm?BabyVisionGaryMarkowitz) [**- *Infant Eye Care***](http://www.292baby.org/vod.htm?VisionMarkowitz)  join Dr. Gary Markowitz, pediatric ophthalmologist, Rochester Eye Associates, PC - to learn all about eye care in infants and children. From what an infant can actually see to what to look for in your child's eyes, this discussion covers a variety of eye-care topics. Time 24 minutes.

[**Click here**](http://www.292baby.org/vod.htm?Immunizationswithoutpain)  **[-](http://www.292baby.org/vod.htm?Immunizationswithoutpain) *[Immunizations without pain](http://www.292baby.org/vod.htm?Immunizationswithoutpain)***  join Lori Chiapperi, RN, (GCHS) for an introduction on how to approach immunizations with your child. From parent anxiety to how to relieve your child's pain, this video covers a variety of immunization issues. Time 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?FourMonthOldBacktoWork) - ***Going Back to Work After Baby*** - Brenda Seaman, a pediatric nurse practitioner at GCHS, and mom Janell Blake discuss the many issues that surround going back to work after maternity leave is up.  The ladies are joined by Brenda's 7-month old son, Alex. Time 26 minutes.

**Video - Six to 12 months**

[**Click here**](http://www.292baby.org/vod.htm?OneYearOldMotorSkillsWendyLane) - ***Motor Skills for 1-Year Olds*** - Child Life Specialist, Wendy Lane from GCHS, specializes in emotional and developmental progress from birth to adolescence.  In this video she has baby "Jack" show a number of games and toys that help children learn at this age. Time 25 minutes.

[**Click here**](http://www.292baby.org/vod.htm?OneYearEarlyLiteracyShira) - ***Early Literacy*** - Shira May Peterson, Ph.D. is an early language development specialist from Children's Institute. She shares tips and guidance into what parents and caregivers can do to to fully develop the foundation of their child's literacy in the first stages in life. Time 40 minutes.

[**Click here**](http://www.292baby.org/vod.htm?OneyearDeafchild) - ***Raising a Deaf Child*** - MCC Professor Beth Laidlaw tells her story as the mom of a deaf child.  Beth signs throughout the interview and helps the viewer know what to look for in their own very young children that might hint at hearing issues. Time 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?OneyearInfantsToddlersHelenGreene) - ***Having Fun with Infants and Toddlers*** - Early childhood professional, Helen Greene, explores a number of general issues related to infants and toddlers.  If you have an infant or toddler in your life this conversation is for you. Time - 24 minutes

[**Click here**](http://www.292baby.org/vod.htm?OneYearOldNutritionSulkes) - ***Nutritional Advice for 1-Year Olds*** - Developmental pediatrician at GCHS, Dr. Steve Sulkes joins Dr. Becky Monk and her young son, Alex, to look at nutritional needs of the 1-year old. Tips and insights for dealing with this issue are shared and modeled with Alex. Time 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?InfantSafetyJudyBraiman) - ***Toy Safety*** - Judy Braiman, consumer advocate and president of RAMP (Rochesterians Against the Misuse of Pesticides) teaches us about toy safety for infants as well as what to look for in a crib and related topics. Time - 35 minutes.

[**Click here**](http://www.292baby.org/vod.htm?PreventingChildAbuseWhittier) - ***Preventing Child Sexual Abuse*** - Mary Whittier from the National Center for Missing and Exploited Children shares advice and strategies for protecting your child from sexual abuse. Time 24 minutes.

[**Click here**](http://www.292baby.org/vod.htm?BabyVisionGaryMarkowitz) - ***Eye Care for your infant*** -  Dr. Gary Markowitz, Pediatric Ophthalmologist, Rochester Eye Associates, PC, gives insights into what to look for and how to care for your baby's or young child's eyes. Time - 26 minutes

[**Click here**](http://www.292baby.org/vod.htm?Immunizationswithoutpain) ***- Painless Immunizations*** - join Lori Chiapperi, RN (GCHS) for advice for parents on dealing with their child's immunizations and what they can do to minimize the pain and make this necessary experience as good as it can be for their child. (and themselves!) Time - 27 minutes.

[**Click here**](http://www.292baby.org/vod.htm?oneyearBiLingualEarlyLiteracy) - ***Early Bi-lingual Literacy*** - Early literacy specialist Ida Perez, ABC Early Head Start, shares insights into dealing with a bi-lingual experience in early childhood. Time 24 minutes.

**Video - 12 to 18 months**

[***TODDLER SAFETY***](http://www.292baby.org/vod.htm?ToddlerSafety)

[**Click here**](http://www.292baby.org/vod.htm?OneyearPamShakenbaby) - ***Shaken Baby*** - learn about the dangers of "Shaken baby" and how to prevent it. Pam Herendeen, a pediatric nurse practitioner at GCHS, helps parents deal with the frustration that often leads to shaking a  baby by looking at choices parents have. Time 24 minutes.

[**Click here**](http://www.292baby.org/vod.htm?ToddlerSafety) - ***Toddler Safety*** - join Rowena Johnson, a professional child care giver and Lena Shiao, MS, an Early Childhood Educator, as they discuss tips for keeping your toddler safe both at home as well as what to look for, safety-wise, in center care. Time - 27 minutes.

[**Click here**](http://www.292baby.org/vod.htm?InfantSafetyJudyBraiman) - ***Toy Safety for Infants*** - join Ms. Judy Braiman, President, Empire State Consumer Association, as she discusses toy safety for young children.  A must-see before holiday shopping, topics range from cribs to infant toys are covered. Resources are shown. Time - 50 minutes.

[**Click here**](http://www.292baby.org/vod.htm?OneyearoldsSafetyAccidentsSueTanski) - ***Toddler Safety*** - for a discussion on preventing accidents for your 1-year old with Dr. Sue Tanski, pediatrician at GCHS. Time 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?OneyearchildproofHomeSafetyFlynn) -  ***Child Proofing Home*** - Dr. Jeannette Flynn, pediatrician, GCHS, gives a host of suggestions on child-proofing your home to make it safe for your toddler.

[**Click here**](http://www.292baby.org/vod.htm?BabyVisionGaryMarkowitz) - ***EYE CARE -*** To join Dr. Gary Markowitz, Pediatric Opthalmologist, Rochester Eye Associates, PC, as he shares what you as a parent/care giver should know about your baby's and young child's eyes. From from what a newborn can see to guidelines with television viewing to what are problem signs, Dr. Markowitz shares his ideas in a straight-forward, easy-to-understand way. Time - 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?OneYearOldImmunizationsMelissa) - ***Immunizations*** - to learn about immunizations and your 1-year old. Dr. Melissa Novak, a pediatrician in private practice in Rochester, introduces parents and caregivers of young children the basic information they need to know about this important topic in an easily understandable format. Time 26 minutes.

**Video - 18 to 24 months**

[**Click here**](http://www.292baby.org/vod.htm?NewBabyatTwoNeil) - ***New Baby and Siblings*** - Join Dr. Neil Herendeen, director of the pediatric practice at GCHS, as he discusses the issues surrounding a new baby at home with other children and how to help start good sibling relationships and minimize sibling rivalry[**. Time 24 minutes**](http://www.292baby.org/vod.htm?ToddlerSafety)

[**Click here**](http://www.292baby.org/vod.htm?ToddlerSafety) - ***Toddler Safety*** - join Rowena Johnson, a professional child care giver and Lena Shiao, MS, an Early Childhood Educator,  as they discuss tips for keeping your toddler safe both at home as well as what to look for, safety-wise, in center care. Time - 27 minutes.

[**Click here**](http://www.292baby.org/vod.htm?TwoYearOldPowerStruggleNeil) - ***Two-Year Old Power Struggle*** - Dr. Neil Herendeen, director of the pediatric practice at GCHS shares tips for dealing with your two-year old as they flex their independence. Time 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?PottyTrainingPattyCorbettDick) - ***Potty training*** - Pediatric Nurse Practitioner Patty Corbett Dick from GCHS discusses one of parents' three most common concerns - "pooping" - and she shares tips for dealing with this issue of toilet training with your child. Time 25 minutes.

[**Click here**](http://www.292baby.org/vod.htm?TerrificTwosSteveCook) - ***Terrific Twos*** - Dr. Steve Cook, pediatrician at GCHS, introduces the viewer to his two and a half year old daughter Shanon as well a the whole spectrum of the "Terrific" not "Terrible" Twos! Dr. Cook introduces the viewer to a two-year old's development as well as their behavior. Time 24 minutes.

[**Click here**](http://www.292baby.org/vod.htm?Terrifictwosjanice) - ***Introduction to Two-Year Olds*** - LaMonda Beaman, professional child care provider, and Janice Price, Head Start Educational Coordinator, lead a discussion in response to the question, "Does it have to be the terrible twos?" Viewers will receive tips and insights into this fascinating stage of development. Time 24 minutes.

**Video - 24 to 36 months**

[**Click here**](http://www.292baby.org/vod.htm?TwoYearOldPowerStruggleNeil) ***- Two-Year Old Power Struggle -*** Dr. Neil Herendeen, director of the pediatric practice at GCHS shares tips for dealing with your two-year old as they flex their independence. Time 26 minutes

[**Click here**](http://www.292baby.org/vod.htm?ThreeYearOldsSafety) - ***Safety on the Playground for 2 and 3 Year Olds*** - Suanne Miller, Pediatric Nurse Practitioner at GCHS, shares critical information for generally keeping your 2 and 3-year old safe in general but particularly as it relates to playgrounds. Time - 26 minutes

[**Click here**](http://www.292baby.org/vod.htm?ThreeYearOldBehaviorLoriBruggerAmyRist) - ***Understanding the Three-Year Old*** - Lori Bruegger from Children's Institute joins Amy Rist, mom of two young children, to discuss three-year olds and what is an appropriate expectation of their behavior.  A wonderful conversation for a parent or caregiver of a three-year old to hear. Viewers will learn what is developmentally appropriate for this age which can help form realistic expectations. Time 25 minutes.

[**Click here**](http://www.292baby.org/vod.htm?ThreeYearOldDisciplineDonovanOtero) - ***Disciplining your Three-Year Old*** - Early childhood professionals Ellen Donavan and Ana Otero discuss the topic of disciplining your three-year old. The viewer will discover that disciplining is actually teaching and that a child's first and most important teacher is his/her own parents. This opens the door to new and dynamic strategies. Time 24 minutes.

[**Click here**](http://www.292baby.org/vod.htm?ThreeYearOldlanguageAmyLyle) - ***Three-Year Olds' Speech and Language Development*** - Speech and language pathologist, Amy Lyle, shares a professional's insight into what parents and caregivers need to know about speech and language and their three-year old. Time 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?ThreeYearoldsLanguageSeikely) - ***Language Development in Three-Year Olds*** - Professor Sekile Nzinga Johnson, PhD. from the Greater Rochester Collaborative explores how all development influences and interacts with language development in a three-year old. Time 25 minutes.

[**Click here**](http://www.292baby.org/vod.htm?ChildcarePreschoolDecisionsTaniaRichmondTyler) - ***Pre-school Decisions*** - Tania Richmond, social worker and Natasha Tyler, both parents, address the many concerns parents have when selecting day care.  What questions should you ask? What's important in selecting child care? These moms share their expertise and experience in making these often difficult deisions. 25 minutes.

[**Click here**](http://www.292baby.org/vod.htm?ThreeYearoldsEffectsofViolence) - ***Effects of Violence on Three-Year Olds*** - Karen Reixach, Children's Institute and Bivette Stodghill, Society for Protection and Care of Children, discuss how early exposure to violence can have lifelong effects. Physical, emotional and verbal abuse are discussed. Time 26 minutes.

***VIDEO SERIES***

**Breastfeeding**

Welcome to our series on breastfeeding. We are thrilled to have Dr. Ruth Lawrence, Professor of Pediatrics, Obstetrics and Gynocology at the University of Rochester and one of the nation's leading authorities on breastfeeding discuss a variety of related topics. We also have Sue Costanza, RN and Lactation Consultant with Rochester General Hospital joined by Athesia Benjamin, an MCC art professor with much experience nursing her babies, who focus on positioning the baby and on latching on. We also have registered nurse and lactation counselor Linda Howel and pediatrician Dr. Sue Tanski give tips to nursing parents. Lastly, we have Lynthia Nawrot, a young nursing mom and her 2-month old baby Daijah, sharing her experiences with Diane Clune, a WIC breastfeeding consultant. Joining them is Jerel Goff, a supportive dad, discussing the experiences he and his wife have had and how breastfeeding has enriced their lives.

[**Click here**](http://www.292baby.org/vod.htm?BreastfeedingWICR)to join Lynthia, Jerel and Diane and hear the stories of these young parents and how breastfeeding changed their lives and helped them establish the all-important attachment with their baby. Time - 30 minutes.

[**Click here**](http://www.292baby.org/vod.htm?BreastfeedingRuthR)to join Dr. Lawrence as she discusses a wide variety of topics related to breastfeeding.  Time - one hour

[**Click here**](http://www.292baby.org/vod.htm?BreastfeedRuth2) - Professor Athesia Benjamin interviews Dr. Lawrence on all the different substances nursing moms can put into their bodies while breastfeeding. Caffeine, alcohol, herbs and nicotine are some of the topics discussed.  Time - one hour.

[**Click here**](http://www.292baby.org/vod.htm?BFR3) - Dr. Ruth Lawrence and Professor Athesia Benjamin host a live, call in TV show. A variety of questions are asked by viewers including "What should I do because my baby is teething and starting to bite?" and "My husband and I want to get pregnant again.  Do I need to wean first?" Time 1-hour.

[**Click here**](http://www.292baby.org/vod.htm?BreastfeedingLatchingOn) to join Sue Costanza and Athesia Benjamin and learn a variety of techniques for getting your baby to latch on to the breast. This is a hands-on, visual demonstration. Time - 40 minutes

[**Click here**](http://www.292baby.org/vod.htm?BreastfeedingPositioning) to join Sue and Athesia to learn a number of positions to consider when holding your baby while nursing. This is a hands-on, visual demonstration. Time 45 minutes.

[**Click here**](http://www.292baby.org/vod.htm?BreastfeedingLindaHowell) - for more tips and challenges on breastfeeding from Linda Howell, a registered nurse and lactation counselor at GCHS. Time 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?BreastfeedingSueTanski) - Dr. Sue Tanski, a pediatrician at GCHS and Rochester General Pediatric Associates, explores a variety of topics related to breastfeeding. She appears with her son, 3 1/2 month-old Ryan. Time 25 minutes.

***ADOPTION***

[***Host Lisa Maynard, Director of Adoption, Hillside Children's Center***](http://www.292baby.org/vod.htm?Adoption101)

[**Click here**](http://www.292baby.org/vod.htm?Adoption101) - ***Adoption 101*** - "Everything you always wanted to know about adoption but didn't know who to ask."  Host Lisa Maynard, Director of Adoption, Hillside Children's Center, introduces the viewer to the world of adoption. She interviews Michael Finn, Permanency Specialist, Jacqueline Morrison CSW, Adoption Caseworker and Gregory Franklin, Esq. Ashcroft, Franklin & Young. All the issues from the start of the process though the end are addressed. This video is ideal for anyone considering adoption. Time 34 minutes.

[**Click here**](http://www.292baby.org/vod.htm?Adoption102) - ***Introduction to Adoption through the Wendy's Wonderful Kids Program***- Lisa Maynard interviews Lisa Petrosino, Adoption Social Worker, Wendy's Wonderful Kids Recruiter, to learn about adoption and this wonderful program. Time 28 minutes.

[**Click here**](http://www.292baby.org/vod.htm?AdoptionAndAttachment) -  ***"Attachment" and Adoption*** - Lisa Maynard interviews adoption psychotherapist John Sobraske, LMFT, on the critical issue of "Attachment" in adoption. Time - 30 minutes.

[**Click here**](http://www.292baby.org/vod.htm?AdoptionOpenDomesticInfant) ***-  Introduction to Open, Domestic Infant Adoption*** - Lisa Maynard introduces Karen Rabish, adoptive mom and facilitator of the Birthmother Support Network who discusses open adoption with adoptive parents Robin and Patrick Flanigan, their daughter Annalie and birthmother Jessica Fleming. A variety of issues are openly discussed by all parties. Time - 30 minutes.

***IMMUNIZATIONS***

[**Click here**](http://www.292baby.org/vod.htm?ImmunizationsFactsandMythsMelissa) - ***Immunizations - Facts and Myths*** - Join pediatrician Melissa Novak, GCHS and Panarama Pediatrics, as she discusses what is real and what is not regarding the wide world of immunizations - Time - 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?ImmunizationsDanYawman) - ***Introduction to Immunizations*** - Pediatrician Dan Yawman, GCHS, and new dad introduces the viewer to the multi-layered world of immunizations. Many questions that parents naturally have are answered. This video is a good first step to understanding the importance and risk of immunizations. Time 28 minutes.

[**Click here**](http://www.292baby.org/vod.htm?Immunizations1stSixMonthsBarbMurante) - ***Immunizations at Six Months*** - Pediatric Nurse Practitioner Barb Murante, GCHS, as she explains what immunity means and then the role of immunizations particularly to the six-month old. Time - 26 minutes.

[**Click here**](http://www.292baby.org/vod.htm?OneYearImmunizationsMelissaR) - ***Immunizations at One Year*** - pediatrician Dr. Melissa Novak, GCHS and Panarama Pediatrics gives an informative introduction to the vaccinations that children get when they are one-year old.  Dr. Novak presents this information in an easily understandable format. This video is for parents preparing for the 1-year well-baby visit. Time - 30 minutes.

[**Click here**](http://www.292baby.org/vod.htm?ImmunizationsAutismSharonHumiston) - ***Immunizations and Autism*** - Dr. Sharon Humiston is an immunization specialist at the Center for Disease Control and a pediatrician.  She addresses the concerns that have arisen regarding the connection between autism and immunizations. Time - 27 minutes.

[**Click here**](http://www.292baby.org/vod.htm?Immunizationswithoutpain) - ***Immunizations without Pain*** - Lori Chiappiri, RN, GCHS, shares strategies to ease the physical and emotional pain for your child (and you) as you get your child immunized. Lori is accompanied by her daughter Natalie. Time - 27 minutes.

***LEAD AND RADON***

[**Click here**](http://www.292baby.org/vod.htm?LeadIntroduction) - ***Introduction to Lead Poisoning*** - Everything you need to know about lead poisoning. Host Joseph Hill, Communication Director for the Coalition to Prevent Lead Poisoning interviews a variety of experts and victims as he explores the many-layered topic of lead, its effects on children and how to prevent it. This one-hour special addresses all aspects of this community danger.   His guests include; Ralph Spezio from the University of Rochester's Department of Community and Preventive Medicine, Dr. David Broadbent, retired pediatrician, Julie Simmons, parent of a child with high lead levels, parent Johnny Burkhardt, Jamie Barclay, MS/CAS, Educational Director, Rochester Real Estate Investors Club, Dionne Woodley, RD, CLC and WIC Dietician, Edwin Agron, ABC, Lead Resource Center and George Lyke (In Memoriam) NYS Health Department. Time - 60 minutes.

[**Click here**](http://www.292baby.org/vod.htm?RadonLeadIntroducrion) - ***Lead and Radon*** - Family Child care provider Betty Bentley joins fellow provider Karen Moses, owner/Educator - "Best Beginnings" as they interview Geoff Reed, President - ENVOY Environmental Consultants, Inc. This one-hour special, funded by the ***Rochester Area Community Foundation***, was produced for family child care providers and focuses on lead poisoning for the first 30 minutes and Radon the second 30 minutes.

***INFANT ATTACHMENT***

Over 50 years of research confirm that an infant's need to connect to a responsive adult in the first stages of life is arguably the most critical element for a child to reach potential in life.

We wish to express our thanks to the ***Rochester Area Community Foundation*** for partnering with MCC and 292-BABY to help fund this series on infant attachment.

[**Click here**](http://www.292baby.org/vod.htm?AttachmentJodyR) - for Jody Manley, Ph.D. Clinical Director, Mt. Hope Family Center, and an expert on attachment, as she gives a keynote address to Rochester's early childhood community introducing the general concept of infant attachment and its critical importance in child development. Time - 47 minutes

[**Click here**](http://www.292baby.org/vod.htm?AttachmentAmyGambi) - to join Jim Coffey's interview of Amy Baker and Gambi White-Tennant, infant/toddler specialists, as they look at attachment as it applies to child care settings and falling in love with someone else's child.  Time - 27 minutes.

[**Click here -**](http://www.292baby.org/vod.htm?AttachmentDanielMorrisPotential) Dr. Danielle Morris, Psychologist, University of Rochester and private practice, discusses the role of attachment and how it helps a child reach potential. Time - 26 minutes

[**Click here -**](http://www.292baby.org/vod.htm?AttachmentAndChildCareAmyAudreyJustine) for Amy Baker's interview with Audrey Abbondanzieri, Adjunct Professor at MCC and Empire State College and Justine Adams, Lead Teacher, MCC Child Care Center, as they discuss attachment in the child care setting and how centers are trying to provide the vital relationships to the children in their charge. Time - 27 minutes

***FIRE SAFETY***

[**Click here**](http://www.292baby.org/vod.htm?Fire%20ProtectionRWeb) - ***Making a Family Plan for Fire Safety*** - Robert Cole, PhD, president, Fireproof Children/Prevention First and Assistant Professor of Nursing at the University of Rochester shares with the viewer all the elements of creating an effective plan for escaping a house fire.  Our thanks to the City of Rochester and Monroe County for creating the video used in this introduction.  This is a must-see for any parent of young children. Time 33 minutes.

[**Click here**](http://www.292baby.org/vod.htm?FireSafetySaraHenry) - ***Introduction to Fire Safety for Parents of Young Children*** - Pediatrician, Dr. Sara Henry from GCHS introduces the viewer to a general overview of fire safety in the home. Time 25 minutes.

[**Click here**](http://www.292baby.org/vod.htm?FirePreventionwithBetty) - ***General Introduction to Fire Safety*** - Betty Bentley, family child care provider introduces Mike Chappel, President and CEO of EDC and Glenn Sickles, Fire Prevention Officer, Scottsville Fire Department as the three discuss fire protection in homes in general and especially those where children are being cared for professionally. Time - 31 minutes.

[***AUTISM***](http://www.292baby.org/vod.htm?Autismintro)

[**Click here**](http://www.292baby.org/vod.htm?AutismIntroduction) -  ***Introduction to Autism*** - Mike Dedee, Special Children's Services Administrator, Monroe County, Dr. Susan Hyman, Developmental Pediatrician, (GCHS) Chris Hilton, Parent,  Beth Grier-Leva, Associate Director of Autism, Stepping Stones Learning Center. Time - 27 minutes

***EARLY LITERACY***

[**Click here**](http://www.292baby.org/vod.htm?OneYearEarlyLiteracyShira) - ***Early Literacy*** - Shira May Peterson, Ph.D. is an early language development specialist from Children's Institute. She shares tips and guidance into what parents and caregivers can do to to fully develop the foundation of their child's literacy in the first stages in life. Time 40 minutes.

[**Click here**](http://www.292baby.org/vod.htm?DiversityinbooksReachOutandRead) - ***Choosing Diverse Books*** - Susan Huppe, Program Coordinator for the ***Reach Out and Read Program*** and former elementary school teacher, leads the discussion on how to expose your child to a variety of authors and stories that will help in developing their love of books and reading. Tips and strategies are presented. Time - 25 minutes.

[**Click here**](http://www.292baby.org/vod.htm?HeddaSharapan) - ***Behind the Scenes with Mr. Rogers*** - Filmed at the Toy Resource Center in the Lincoln Branch Library, Jim Coffey interviews Ms. Hedda Sharapan, author and Executive Director of the Mr. Rogers television series.  She discusses early literacy and the viewer is also treated to a visit by "Mr. Speedy Delivery" the postman from the show,  who makes a book come alive to a small group of young children.Time 28 minutes.

***THE FLU***

[**Click here**](http://www.292baby.org/vod.htm?FluIntroduction) - ***Introduction to the Flu*** - Dr. Neil Herendeen, Director of the pediatric practice at GCHS, interviews Dr. John Treanor, Professor of Medicine, Microbilogy and Immunology, Infectious Division, Department of Medicine, University of Rochester.  Viewers will learn what the flu is, how it affects children and tips for preventing it. Gerry Loftus, PhD, senior Instructor in Medicine and Infectious Diseases inteviews Lee Martin and his daughter Lauren regarding the Family Flu Surveillance Study. Time 29 minutes.

***BECOMING YOUR OWN PARENTS***

[**Click here**](http://www.292baby.org/vod.htm?BecomingOurParentsMyraandMom) -  ***Becoming Our Parents*** - Have you ever wondered if you are becoming your OWN parents? Join Myra Henry as she discusses the topic with her mom, Ernestine Appling, and Jim Coffey. This is an interesting discussion for any parent who has had this thought go through their mind. Time 25 minutes.

***EFFECTS OF THE MEDIA ON A YOUNG MIND***

[**Click here**](http://www.292baby.org/vod.htm?ImpactofMediaNeil) - ***TV or Not TV??*** - Dr. Neil Herendeen leads the discussion on what's good, what's bad and what's important to know when deciding how much TV (and computer, videos and video games) you should allow your child to watch. Dr. Herendeen is the director of the pediatric practice at the GCHS. Time 26 minutes.

***ROCHESTER RESOURCES***

[**Click here**](http://www.292baby.org/vod.htm?ResourcesKidsOutNAboutDebRoss) - ***Kids Out and About*** - Jim Coffey interviews Deborah Ross, founder of ***Kids Out and About***, Rochester's premier web source of what's happening every day in Greater Rochester for you and your child. Time 27 minutes. You can visit right now....  [**http://rochester.kidsoutandabout.com/**](http://rochester.kidsoutandabout.com/)