

MCC Wellness Benefit: Midtown Athletic Club

Come experience the Unique Sports Resort and Social Club with your family!

Midtown offers the opportunity to explore various club amenities with no cost to you.

One-Week Complimentary Family Benefit includes:

Three Half-Hour Fitness Orientations

Half-Hour Fitness Profile

One-Hour Private Tennis Orientation

One-Hour Private Paddle Orientation

One-Hour Private Squash Orientation

Kidtown Nursery Services

Yoga, Pilates and Spinning Classes

Group Exercise Classes (Step, Group Power, Zumba, etc.)

Outdoor Pool Complex with Outdoor Hot tub and poolside Cafe

Use of the Basketball Court

Use of All Amenities* Including Locker Rooms, Whirlpools, Saunas, Steam & The Spa

Single Residents May Include a Friend

Current Midtown Members May Invite a Friend.

*Some restrictions and fees may apply (i.e. massage, spa, food, beverage, etc...)

One-week guests **must begin by May31st, 2011 to receive this benefit** and there is no obligation to continue after the trial period.

For additional information please contact Midtown's Liaison for MCC, Robert Jakobi, at **585-461-2301 ext.133** or Robert.Jakobi@midtown.com

Please print this page and present it to the front desk on your first visit to the club.